

2020 School of Kinesiology Academic Advising Session

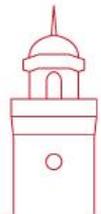
RENE MURPHY, PhD.

March 2020



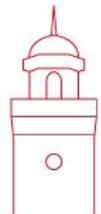
Please pick up the following:

- PACE Sheet
- Academic Action Plan
- Curriculum Planner



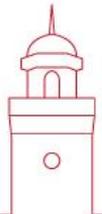
Purpose of this Advising Session

- To provide information to assist you in registering for 2020/21 courses.
- To provide the "*tools*" to meet with your academic advisor.
- All students must be advised to be able to register in March.
- Students in "with" degrees must be advised in both programs.
- INDIVIDUAL plan. **RUMOURS**



Time Management

**MANAGING YOUR TIME:
PEOPLE DON'T PLAN TO FAIL,
THEY FAIL TO PLAN**



Term/Year - F/W 17

Academic Evaluation
as of FEB 01, 2018

Advisor: King, Colin David
BKIN Cat Ed - 2015

THIS EVALUATION SHEET IS NOT AN OFFICIAL UNIVERSITY DOCUMENT. IT IS PROVIDED ONLY TO AID YOU AND YOUR ADVISORS IN CHOOSING COURSES APPROPRIATE TO YOUR DEGREE PROGRAMME. IT IS NOT INTENDED FOR THE EVALUATION OF PROGRAMMES OF STUDENTS WHO WERE ADMITTED BEFORE 1987.
YOUR COURSES HAVE BEEN EVALUATED AGAINST THE REGULATIONS IN THE CALENDAR INDICATED ABOVE.
SEE YOUR ADVISOR OR THE REGISTRAR IF YOU HAVE ANY QUESTIONS.

Before summer 2019

After summer 2019

A+	4.00
A	4.00
A-	3.67
B+	3.33
B	3.00
B-	2.67
C+	2.33
C	2.00
C-	1.67
D+	1.33
D	1.00
D-	0.67
F	0.00

01. KINESIOLOGY CORE(48h)
a. Courses taken in area (HRS 40.5) (GPA 3.29):
01 KINE 1013 B+ 3.0 FW 2015
02 KINE 1113 B+ 3.0 FW 2015
03 KINE 1243 B 3.0 FW 2015
04 KINE 1413 B+ 3.0 FW 2015
05 KINE 1213 A- 3.0 FW 2015
06 KINE 1333 A- 3.0 FW 2016
07 KINE 2033 B- 3.0 FW 2016
08 KINE 2253 B- 3.0 FW 2016
09 KINE 2413 B- 3.0 FW 2016
10 KINE 2423 A- 3.0 FW 2016
11 KINE 2433 A- 3.0 FW 2016
12 KINE 3013 B 3.0 FW 2017
13 KINE 3213 A- 3.0 FW 2017
14 KINE 3363 C 3.0 FW 2017
15 KINE 188A A 1.5 FW 2016
KINE 185D 1.5 FW 2017
b. Remaining requirements in area:
16 KINE 4633

02. ARTS AND SCIENCE CORE (27h)
a. Courses taken in area (HRS 18.0) (GPA 2.95):
01 MATH 1213 A- 3.0 FW 2015
02 CLAS 1113 B+ 3.0 FW 2017
04 BIOL 1863 B+ 3.0 FW 2015
05 BIOL 1853 B- 3.0 FW 2015
06 NUTR 1503 C 3.0 FW 2015
07 PSYC 2123 A- 3.0 FW 2017
08 PSYC 2113 3.0 FW 2017
09 PSYC 1023 C+ 3.0 FW 2016
b. Remaining requirements in area:
03 3 HRS FROM THE FACULTY OF ARTS.

C- or better

03. COMMUNICATION COURSES (3h)
a. Courses taken in area (HRS 3.0) (GPA 2.33):
01 COMM 1213 C+ 3.0 FW 2015

04. KINESIOLOGY ELECTIVES (18h)
a. Courses taken in area (HRS 7.5) (GPA 3.87):
01 KINE 4873 3.0 FW 2017
02 KINE 3853 3.0 FW 2017
03 KINE 3683 A 3.0 FW 2017
04 KINE 2133 A- 3.0 FW 2016
05 KINE 185D A+ 1.5 FW 2016
KINE 185A 1.5 FW 2017
b. Remaining requirements in area:
06 3 HRS FROM DEPT OF KINE OR 3 HRS KINE LABS

05. NON-CREDIT COURSES
a. Courses taken in this area:
01 KINE 1100 P 0.0 FW 2015
b. Remaining requirements in area:
02 KINE 3100

06. UNIVERSITY ELECTIVES (24h)
a. Courses taken in area (HRS 3.0) (GPA 2.33):
01 PSYC 1013 C+ 3.0 FW 2016
b. Remaining requirements in area:
02 3 HRS FROM ANY FACULTY EXC KINE
03 3 HRS FROM ANY FACULTY EXC KINE
04 3 HRS FROM ANY FACULTY EXC KINE
05 3 HRS FROM ANY FACULTY EXC KINE
06 3 HRS FROM ANY FACULTY.
07 3 HRS FROM ANY FACULTY.
08 3 HRS FROM ANY FACULTY.

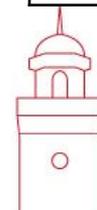
A+	4.33
A	4.00
A-	3.67
B+	3.33
B	3.00
B-	2.67
C+	2.33
C	2.00
C-	1.67
D+	1.33
D	1.00
D-	0.67
F	0.00

*** Courses taken - including Transferred Courses - eligible to the Academic Program ***
KINE185D W 1.5 FW 17 NUTR3533 W 3.0 FW 17

Program GPA

SUMMARY DATA

GPA: Program only 3.18 Acadia only - 3.18 Transfer only - 0.00 Combined - 3.18
HRS EARNED: Program only - 72.00 Acadia only - 72.00 In progress - 18.00 Transfer only - 0.00 Combined - 90.00

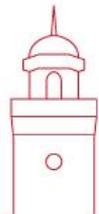


TO BE ELIGIBLE TO GRADUATE – 2015 -2019

- ❑ You must obtain a grade of **C- or better** in each course in **KINE CORE and COMM1213/1013**
- ❑ You must obtain a **program GPA of 2.00**
- ❑ Complete **8 hours of conference credit - KINE 3100** (register in your 3rd year)
- ❑ Complete **Standard First Aid and CPR level C – KINE 1100** (this is a prerequisite for Applied Human Physiology 1 - KINE 2413)

KINESIOLOGY CORE

- KINE 1013 Foundations
- KINE 1113 Research Methods
- KINE 1333 Care & Prevention
- KINE 1213 Growth & Motor Dev
- KINE 1243 Historical Aspects
- KINE 1413 Human Anatomy
- KINE 2033 Biomechanics
- KINE 2253 Sociological Aspects
- KINE 2413 Human Physiology
- KINE 2423 Human Physiology 2
- KINE 2433 Psyc. Aspects
- KINE 3013 Exercise Physiology
- KINE 3213 Motor Learning
- KINE 3363 Phil Aspects
- KINE 4633 Senior Seminar
- 2 Activity Labs



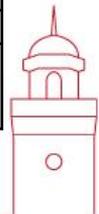
Did you hear????

- Special Circumstances grades 'S' must be updated within 30 days or they become an 'F'.
- You can graduate on either your "entering" calendar year or your "graduation" calendar year.
- If you received a "D" grade in a core course and it is the pre-requisite to another course, you can register for the other course. Ex: KINE 2413 you received a "D". You can register for KINE 2423 but you must first register for all 1000 level KINE courses you have remaining to do / redo.



BKIN Curriculum Planner

Year 1	
Fall	Winter
KINE 1013 Foundations KINE 1213/1210L Growth & Motor Development KINE 1413/1410L Applied Human Anatomy BIOL 1853/1850L Applied Human Biology 1 COMM 1213/1013 Communication	KINE 1113 Research Methods in Kinesiology KINE 1243 Historical Aspects of Physical Activity & Sport in Canada KINE 1333/1330L Care & Prevention of Athletic Injuries KINE 1100 First Aid & CPR (Non-credit) BIOL 1863/1860L Applied Human Biology 2 MATH 1213/1210L Statistics
Year 2	
Fall	Winter
KINE 2413/2410L Applied Human Physiology 1 2 Activity Labs (can start taking activity labs) 9-12h Electives *	KINE 2033/2030L Biomechanics KINE 2253 Sociological Aspects of Physical Activity & Sport KINE 2423/2420L Applied Human Physiology 2 KINE 2433 Psychological Aspects of Physical Activity & Sport 3h Electives *
Year 3	
Fall	Winter
KINE 3013/3010L Exercise Physiology 12h Electives *	KINE 3363 Philosophical Aspects of Physical Activity & Sport KINE 3100 Professional Development (Non-credit) KINE 3213/3210L Motor Learning 9h Electives *
Year 4	
Fall	Winter
KINE 4633 Senior Seminar 12h Electives *	15h Electives *



KINE 3100

Professional Development

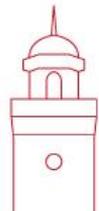
- Professional Development is divided into two units.
- "A" Units – one 6 hr conference and two page reflection
- "B" Units – two 1 hr seminars and half page reflection
- Permission from the School must be obtained prior to attendance.
- You must register for KINE 3100 in your final year.

"A" unit Conference Recommended List

Acadia Kinesiology Society bi-annual Conference (AKS)
Atlantic Provinces Exercise Scientists (APES)
Teaches Association for Physical and Health Education
(TAPHE)
Crossroads Interdisciplinary Health Research Conference
(Dalhousie)
Recreation NS (RNS)
Conference approved by your academic advisor

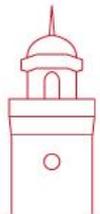
"B" unit Seminar Recommended List

AKS Speaker Series
Campus Guest Speakers
Tenure Track Search Speakers
Seminars approved by your academic advisor



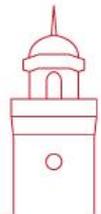
Academic Advisor vs. Administrative Assistant

- Your **academic advisor** can assist you in choosing the courses that are available on campus which will support your career goals.
- The **administrative assistant** can assist you in registering in courses that you have selected.



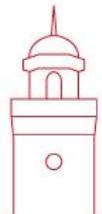
Responsibility

- It is **your** degree therefore; it is **your** responsibility.
- Be prepared:
 - Know the program.
 - Know what courses you have completed.
 - Know what courses you still require.
- Meet with your academic advisor.



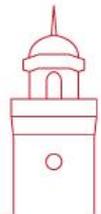
Calendar vs. Timetable

- The **Calendar** is a list of all courses that the university can offer, known as curriculum.
- The **Timetable** is a list of courses scheduled for a specific period of time.



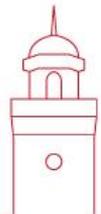
Timetable

- The timetable lists courses with section numbers. For example: KINE 1013 x1
- The KINE states the discipline
- 1*** is the level
- ***3 is the number of credits
- X1 is the section (x1, a1, x2, x0)
- **The whole course number and section are required to register for the course (and if there is a lab, the whole number and section for the lab too).**



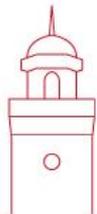
Timetable

- University timeslots are approved at Senate and therefore faculty and students should be prepared to attend classes in the slot allotted.
- Changes happen often.
 - Courses are added.
 - Courses change time slots.
 - Courses are removed.
- Schools / Departments may or may not have waiting lists for their courses. We **cannot** register you for a course that is full, you should contact the instructor of the course (and request to be put on the waitlist if one exists).
- **Check your Acadia email regularly for updates.**



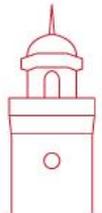
Course Load

- The normal course load is:
 - 15 credit hours per semester (5 courses x 3 credit hours)
 - 30 credit hours per year (10 courses x 3 credit hours)
- Activity labs are worth 1.5 credit hours.
- A Full time student is a student enrolled in 9 or more credit hours for the semester.
- Overloads
 - Students with a Sessional GPA of 2.5 in the previous academic year may register for 33h.
 - Students with a Sessional GPA of 3.0 in the previous academic year may register for 36h.
- Students with a **Financial hold** on their student account will not be able to register until this is taken off.
- Students not fully registered before August 1, will delay their swipe access to SOK.



HONOURS

- A GPA of **3.00** or higher must be obtained to pursue Honours.
- Each core course and COMM must be completed with a B- or better grade to graduate with honours.
- Must have a **faculty advisor willing to oversee your honours research project.**
- **Handbook online** - guidelines for honours students and thesis writing.



Areas of Interest



Leadership, Coaching, Teaching

- KINE 1213 Growth and Motor Development
- KINE 2003 Adapted Physical Activity
- KINE 2133 Introduction to Coaching
- KINE 3133 Leadership and Team Building
- KINE 3143 Introduction to Teaching Physical Education
- KINE 3533 Advanced Coaching Methods
- KINE 176D Outdoor Leader 1
- KINE 276D Outdoor Leader 2
- Variety of Activity Labs



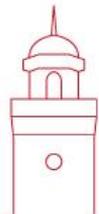
Health Promotion, Wellness and Health Behaviour Change

- KINE 2493 Health Promotion and Wellness
- KINE 3693 Health Behaviour Change
- KINE 3853 Wellness and Aging
- KINE 4233 Stress Management
- KINE 4783 Body, Culture, Physical Activity & Sport



Adapted Physical Activity

- KINE 2003 Adapted Physical Activity
- KINE 3373 Children with Special Needs
- KINE 3573 Perceptual Motor Development
- KINE 3853 Wellness and Aging
- KINE 4693 Physical Activity & Chronic Conditions
- KINE 4773 S.M.I.L.E. Programming
- KINE 4893 Disability Sports



BKIN Options

Exercise Science & Training Option

Students must complete 120 credit hours as follows:

- Kinesiology Core (51h)
- Exercise Science & Training Core (15h): KINE 3343, KINE 3393, KINE 4013, KINE 4193, KINE 4693
- All of the following (12h): BIOL 1853, BIOL 1863, COMM 1013, KINE 1100, KINE 3100, MATH 1213
- 6h from the Faculty of Arts
- 12h from the Faculty of Arts or Faculty of Pure and Applied Science
- 24h University electives

Minimum grades of C- are required in the Kinesiology and Communication core. A minimum program GPA of 2.0 is required to be eligible to graduate. An overall minimum cumulative GPA of 3.00 is required for application to this option. A maximum of 18 students will be accepted each year.



Students engage in the Exercise Science & Training option to learn advanced fitness assessment and exercise prescription for prevention and management of disease and for performance in sport and occupations.

Athletic Therapy Option*

Students must complete 120 credit hours as follows:

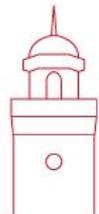
- Kinesiology Core (51h)
- Athletic Therapy Core (18h): KINE 3413, KINE 3423, KINE 3433, KINE 4433, KINE 4843, KINE 4853
- All of the following (12h): BIOL 1853, BIOL 1863, COMM 1013, KINE 1100, KINE 3100, KINE 3400, MATH 1213
- 6h from the Faculty of Arts
- 12h from the Faculty of Arts or Faculty of Pure and Applied Science
- 21h University electives

Minimum grades of C- are required in the Kinesiology and Communication core. Grades of B are required in the Athletic Therapy Core. A minimum program GPA of 2.0 is required to be eligible to graduate. An overall minimum cumulative GPA of 3.00 is required for application to this option. A maximum of 18 students will be accepted each year.



Students engage in the theoretical principles, practical skill development, and experiential learning opportunities to learn about the prevention, assessment, and management of injuries in sport and physical activity.

*pending accreditation from the CATA.



BKIN Options



Students take a systematic approach to the study of human anatomy and physiology in-order to better understand how our bodies move.

Biology Option

Students must complete 120 credit hours as follows:

- Kinesiology Core (51h)
- Biology Core (24h): BIOL 1853, BIOL 1863, BIOL 2013, BIOL 2043, BIOL 2053, BIOL 2073, 6h Biology electives
- All of the following (12h): COMM 1013, CHEM 1013, CHEM 1023, KINE 1100, KINE 3100, MATH 1213
- 18h Kinesiology electives (9h must be at the 3000 level or higher)
- 6h from the Faculty of Arts
- 9h University electives

Grades of C- are required in the Kinesiology, Communication and Biology Core. In addition, a minimum program GPA of 2.0 is required to graduate. An overall cumulative GPA of 2.75 is required for admission to this option. A maximum of 12 students will be accepted each year.



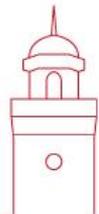
Combining the study of human movement (Kinesiology) and study of human behaviour (Psychology) to better understand behaviour in exercise, sport and rehab settings.

Psychology Option

Students must complete 120 credit hours as follows:

- Kinesiology Core (51h)
- All of the following (21h): PSYC 1013, PSYC 1023, 15h Psychology electives
- All of the following (12h): BIOL 1853, BIOL 1863, COMM 1013, KINE 1100, KINE 3100, MATH 1213
- 18h Kinesiology electives (9h must be at the 3000 level or higher)
- 6h from the Faculty of Arts
- 12h University electives

Grades of C- are required in the Kinesiology, Communication and Psychology Core. In addition, a minimum program GPA of 2.0 is required to graduate. An overall cumulative GPA of 2.75 is required for admission to this option. A maximum of 12 students will be accepted each year.



BKIN Options

Nutrition Option

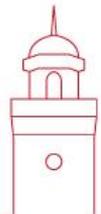
Students must complete 120 credit hours as follows:

- Kinesiology Core (51h)
- Nutrition Core (18h): NUTR 1313, NUTR 1323, 12h of Nutrition electives approved by the School of Nutrition and Dietetics
- All of the following (12h): BIOL 1853, BIOL 1863, COMM 1013, KINE 1100, KINE 3100, MATH 1213
- 18h Kinesiology electives (9h must be at the 3000 level or higher)
- 6h from the Faculty of Arts
- 15h University electives

Grades of C- are required in the Kinesiology, Communication and Nutrition Core and a minimum program GPA of 2.0 is required to graduate. An overall cumulative GPA of 2.75 is required for admission to this option. A maximum of 12 students will be accepted each year.



Students combine the knowledge of exercise science and human nutrition to influence healthy lifestyles.

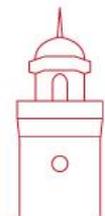


BKIN Option with Sports Nutrition Program

Year	Fall	Winter
2	<p>NUTR 1313 HUMAN NUTRITION 1 An examination of: the evidence-based principles of healthy eating; food consumption patterns and trends; digestion, absorption, metabolism, and food sources of macronutrients essential to human health; and energy metabolism and balance.</p>	<p>NUTR 1323 HUMAN NUTRITION 2 An examination of the food sources, digestion, absorption and metabolism of micronutrients essential to human life, and the application of macro and micronutrients to nutrition through the life cycle. Students will also learn how to identify, consult, and evaluate sources of nutrition literature. Prereq: Nutr 1313</p>
3	<p>NUTR 3533 SPORTS NUTRITION This course will cover food and nutrient recommendations applied to athlete health and performance. Prereq: Nutr 1503 with a minimum grade of B- or Nutr 1313</p> <p>NUTR 2013 PRINCIPLES OF NUTRITIONAL ASSESSMENT Covers the major principles of, and methods used in, nutritional assessment of individuals and populations including anthropometric, biochemical, clinical, and dietary approaches, eating environments and experiences, consideration of access to and meanings of food, and the influences of family/others on food intakes. Prereq: Nutr 1323</p>	<p>NUTR 3933 ADVANCED SPORTS NUTRITION An in depth examination of the relationship between nutrition and athletic performance, with a focus on recent advances in macro-micro nutrient requirements, sources, functions, and interactions. Prereq: Nutr 3533</p>
4	<p>NUTR 4306 APPLIED SPORTS NUTRITION A full year practical course that applies cumulative knowledge in nutrition to the varsity athletic setting, with supervision and support from the faculty instructor Prereq: Nutr 2013 and Nutr 3933</p>	

Sports Nutrition Courses

Year	Fall	Winter
2/3	<p>NUTR 1503 UNDERSTANDING NUTRITION The basis of food selection for health. The course stresses evaluation of personal nutrient intake, especially carbohydrate, fat, and protein, in relation to needs for active living, weight management, and chronic disease prevention. Issues will be discussed within a contemporary context. Open to non-nutrition majors only.</p>	
3/4	<p>NUTR 3533 SPORTS NUTRITION This course will cover food and nutrient recommendations applied to athlete health and performance. Prereq: Nutr 1503 with a minimum grade of B- or Nutr 1313</p>	<p>NUTR 3933 ADVANCED SPORTS NUTRITION An in depth examination of the relationship between nutrition and athletic performance, with a focus on recent advances in macro-micro nutrient requirements, sources, functions, and interactions. Prereq: Nutr 3533</p>



French Courses

- Before students can enroll in 1000–level French courses, they first must take the online placement test before they can register.
- The USERNAME for the placement test is french and the PASSWORD is placement.
- Once you have taken the test, you receive a test score which will help determine which French class will be appropriate for you. Please contact Elke at elke.willmann@acadiau.ca or go to the office BAC 333 in order to be registered.
- <https://french.acadiau.ca/placement-test.html>

FRAN 1113/1123

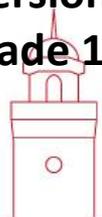
This course is normally intended for students who have never studied French or have studied French but not beyond Grade 10 High School.

FRAN 1213/1223

This course is normally taken by students who have completed Grade 11 or 12 High School French.

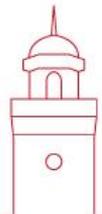
FRAN 1613/1623

This course is intended for students who have studied French in an Immersion Program up to Grade 11 or 12 in High School.



What to do before Registering

- Create an *"action plan"*.
- Make an appointment with your academic advisor.
- *Bring your action plan, PACE sheet and curriculum planner to your meeting.*



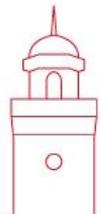
Registration Tips

1. After this session, determine what core courses you need to register for next year.
2. Remember to register for any remaining required 1000 (or 2000, or 3000) courses before registering for the next level.
3. Begin looking for electives now. Select 3-5 extra electives in case the ones you really want are full or conflict with your core courses/labs.
4. On registration day, register for electives **FIRST**.
5. Then register for the KINE Core courses.



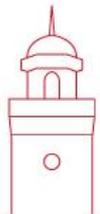
The Backpack – Acadia Central

- Log in to Acadia Central – same as Acadia email
- Choose Online Registration tab on the left
- Go to the Timetable Tab and select your courses
- Switch to the Backpack Tab
- The Backpack is like an online shopping cart, until you checkout you are not registered!
- Make sure you click on the **“Register”** button once you have completed your selections
- If you register for a course that has a lab make sure you choose a lab section as well



Withdrawals

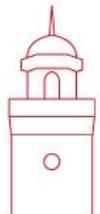
- When you register for a course you have until the final add/drop date to make changes without it appearing on your transcript.
- After that date but before the last day to drop you will receive a “W” on your transcript.
- “W’s” are not calculated in your GPA.
- It is much better to receive a “W” on your transcript rather than a “F”.



Open Acadia

- KINE 4563 Adventure Education (May 12-16)
- KINE 4833 Social Determinants of Health (May 11 – 29)

- KINE 4233 Stress Management (online)
- KINE 4753 Promoting Physical Activity for Youth (online)
- KINE 4763 Intro. To Canadian Health Care System (online)
- KINE 4773 SMILE Programming (online)
- KINE 4593 Disability Sport (online)

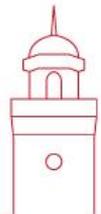


2020/21 ACTIVITY LABS (1.5hrs)

- Ringette
- Volleyball
- Physical activity for Children
- Physical activity for Older Adults
- Yoga
- Golf
- Curling
- Soccer
- Physical Activity: Chronic Conditions
- Resistance Training
- Agility, Quickness & Speed
- Hockey
- Tennis
- Sledge Hockey

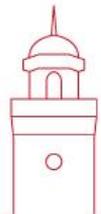
For risk management reasons, you must contact Scott Hennigar to register for these courses.

- Outdoor Leader 1 & 2
- Intro to Sea Kayak
- Intro to Canoe Tripping
- Bike Touring
- Coastal Hiking
- Advanced Canoeing
- Winter Survival
- Winter Camping
- Snowshoeing



2020/21 KINE ELECTIVES

- Adapted Physical Activity
- Introduction to Coaching(2nd years)
- Health Promotion & Wellness (2nd years)
- Introduction to Teaching Physical Education
- Applied Research Methods
- Fitness Programming
- Children with Special Needs
- Physiological Assessment
- Perceptual Motor Development
- Applied Sport Psychology
- Health Behaviour Change
- Wellness & Aging(3rd years)
- Ethical Issues in Sport & Physical (4th years)
- Training Methods
- Exercise & Training Practicum
- Stress Management
- Adventure Education
- Biomechanics 2
- Sport & Law
- Developing Leadership
- Philosophy & Martial Arts
- Para-Sport
- Development of Sport Expertise
- Advanced Human Anatomy
- Positive Youth Development in Sport
- Physical Activity & Chronic Conditions



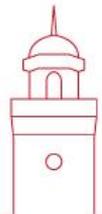
Registration Dates

March 24th – students with 85+ credit hours

March 26th – students with 55-84 credit hours

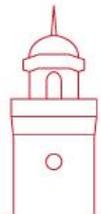
March 31st – students with 25-54 credit hours

April 2nd – New students entering in September



Are you feeling like you are drinking from a fire hose?

- For 1st year students, I will be coming to your KINE 1243 – Historical Aspects of Physical Activity and Sport course on Thursday, March 12th to answer questions.
- Do some homework and bring questions to that class.
- After that session, if you still have questions, please see me or your academic advisor.



HELP

For assistance contact Peggy or Kim.

Email: Peggy.Weir@acadiau.ca Kim.Vaughan@acadiau.ca

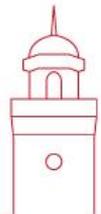
Phone: 902-585-1457 902-585-1307

To book a meeting with the Director, please see Kim or Peggy, both have access to Rene's calendar, and can find the first opening in both our schedules.

If you email Rene directly, include your availability and he can reply with the first opening in his calendar.

To book a meeting with your academic advisor (email them), include your availability and they will reply with a good time to meet.

You will need your student ID number and full course numbers on your academic action plan to receive assistance.



Questions & Discussion

