## Jamie Crocket HONOURS RESEARCH



## Research Focus:

Jamie's honours research is focused on the transition of athletes from high school to university sport. Student athletes are faced with changes in academics, athletics, social life, activities of daily living and other domains of life. Previous literature generally focused on transitions out of sport instead of transitions within sport. The objective of her study is to gain insight into the different challenges and experiences of first year student athletes through semi-structured interviews. Common themes within interviews will be assessed through thematic analysis which may highlight ways to improve future student athletes' transitions.

## About Jamie:

Jamie is a 4th year Kinesiology with Psychology student from Stellarton, Nova



Scotia. Throughout her four years at Acadia, she has been a member of the Varsity Women's Volleyball Team and the Acadia Players' Association. She has enjoyed volunteering with Kinderskills and being a teacher's assistant for Sociology of Sport. Jamie has always had a passion for analyzing narratives and learning what motivates individuals to persevere in various situations. She hopes to pursue a career in occupational therapy in mental health/addictions.

Supervisor: Dr. Darren Kruisselbrink