



ACADIA  
UNIVERSITY

LIKE NOWHERE ELSE

# School of Kinesiology

## 2023 Student Handbook



## **Preface**

The School of Kinesiology student handbook is designed to assist students with their Bachelor of Kinesiology degree. The Academic Calendar takes precedence over all other publications. Interpretation of regulations or requirements is made by a Dean or the Registrar and is open to written appeal to the Admissions and Academic Standing Appeals Committee.

## **Responsibility of Students**

It is expected that each student who registers at Acadia University will be familiar with the contents of the Academic Calendar. By registering at Acadia, students accept responsibility for meeting all curriculum requirements and for complying with published dates and deadlines. Students also accept responsibility for being familiar with university regulations pertaining to financial matters.

## **TABLE OF CONTENTS**

HISTORY OF THE SCHOOL .....	4
SECTION 1 .....	5
ABOUT THE SCHOOL OF KINESIOLOGY .....	5
KINESIOLOGY FULL-TIME FACULTY .....	6
ADMINISTRATIVE AND LIBRARIAN .....	7
FACULTY OF PROFESSIONAL STUDIES .....	7
ACADIA KINESIOLOGY SOCIETY (A.K.S.) .....	7
STUDENT PLANNING COMMITTEE .....	7
ROLE OF A FACULTY MEMBER .....	8
SECTION 2 .....	9
BACHELOR OF KINESIOLOGY AT ACADIA UNIVERSITY .....	9
THE BACHELOR OF KINESIOLOGY CURRICULUM .....	10
ADDITIONAL DEGREE REQUIREMENTS .....	11
KEEPING TRACK OF YOUR DEGREE .....	12
CURRICULUM PLANNER 2022 .....	14
DEGREE CHECKLIST 2020+ .....	15
HONOURS PROGRAM GUIDELINES .....	16
AREAS OF INTEREST IN KINESIOLOGY .....	17
KINESIOLOGY OPTIONS .....	18
ELECTIVES .....	20
SECTION 3 .....	22
ACADIA UNIVERSITY .....	22
ACADEMIC STRUCTURE OF THE UNIVERSITY .....	22
ACADEMIC INTEGRITY .....	23
SECTION 4 .....	25
VAUGHAN MEMORIAL LIBRARY .....	25
ATHLETICS AND RECREATION PROGRAMS .....	25
ACADEMIC SUPPORT SERVICES, KINESIOLOGY .....	26
ACADIA CAMPUS RESOURCE DIRECTORY .....	26
AWARDS AND SCHOLARSHIPS .....	29

## MESSAGE FROM THE DIRECTOR



Welcome to the Bachelor of Kinesiology program! I hope you will feel at home here. Our knowledgeable, dedicated, and personable faculty and staff take pride in their work and are ready to provide you with excellent opportunities for learning and personal growth. When combined with your enthusiasm for learning, curiosity, and effort, I am confident that your undergraduate experience will be transformative and will prepare you for what lies ahead after you graduate.

As you make your way through your BKIN degree you will have many academic choices, this handbook is here to help you navigate your journey, as are our staff and your faculty advisor if you require greater clarification. The BKIN degree has very limited flexibility in course selection in the first and second years as you need a solid foundation, but in the third and fourth years you have a lot of flexibility to branch off into specific areas of kinesiology.

You can explore an academic option, including the Honours option (for students interested in gaining research experience), the CATA Accredited Athletic Therapy option, the Exercise Science & Training option, the Biology option, the Psychology option, or the Nutrition & Dietetics option.

You could choose groupings of recommended courses in a particular area of the profession such as a) Teaching, Leadership & Coaching, b) Health Promotion, Wellness & Health Behaviour Change, and c) Adapted Physical Activity, which you can sample.

You are also free to select courses according to your own unique interests and goals.

As you will come to appreciate, community engagement is a core value within the School of Kinesiology. There are opportunities for experiential learning in programs led by faculty members such as S.M.I.L.E., Kinderskills, Acadia Active Aging [AAA], Acadia Cardiac Maintenance [ACM] and the Hannah Miller Memorial Hockey tournament as well as in programs offered through the Center of Lifestyle Studies (COLS) (e.g., Exercise is Medicine, Walk and Roll, Active for Life). Be sure to take advantage of one or more of these experiences during your time with us.

We aim to nurture the leaders of tomorrow by offering a rigorous and personalized educational experience that is both inclusive and supportive. I'm not going to lie, the program is going to be hard and you will be challenged, but that's how it is for anything worthwhile. As a result, along the way you may encounter academic or personal difficulties. The School of Kinesiology and the university have supports in place to help you through—do not be too proud to use them. I encourage you to reach out to your AKS mentor, your faculty advisor, our administrative staff, me, or a university counsellor with your concerns so that we can help you find solutions to the any daunting problems that may come your way.

The Acadia Kinesiology experience is second to none; this is a place to grow. I wish you every success, I hope you will forge fond memories of your time at Acadia University and in our program, and I hope you will be proud of the BKIN degree you came here for.

Yours in health and movement,

*Darren*

Darren Kruisselbrink, Ph.D.

Director, School of Kinesiology

## HISTORY OF THE SCHOOL



The School of Kinesiology has gone through major changes in the past decades. Before the School of Kinesiology was formed in 2014, it was the School of Recreation Management and Kinesiology and before that it was the Department of Physical Education and Recreation.

The journey to today's school began in the fall of 1890 when a new gymnasium was built at Acadia. In 1910, an introductory and required course in physical education was formed. From 1911 until 1914 all first-year students were required to take the Physical Training course as a requirement for a Bachelor of Arts degree. During World War One the course was removed but returned in 1921. At this time all first and second year students were required to take this course for the Bachelor of Arts and Bachelor of Science degrees.

In the early 1920s the Department of Physical Education was formed within the Faculty of Arts. In September 1969 the name was changed to the Department of Physical Education and Recreation which offered a Bachelor of Science in Recreation and Physical Education. In June 1974, the Department changed its name to the School of Recreation and Physical Education. Also that year, Senate approved the establishment of a master's degree in Recreation.

In 1997, the School changed its name to the School of Recreation Management and Kinesiology. In October 2001, the opening of the Kinesiology laboratories brought great excitement to the school. Beginning in 2009, the Recreation Management program evolved into the Community Development program. In July 2014, Community Development and Kinesiology became two separate academic units, and the School's name was changed to the School of Kinesiology. The Department of Community Development was created at this time.

In August 2016, the Department of Community Development moved to another location on campus. Now the School of Kinesiology is the only academic unit in War Memorial Gymnasium.

In 2020, the War Memorial Gymnasium received a grant from Canadian Tire Jumpstart to add an elevator and ramp to make the building accessible. In 2022, the School received accreditation from the Canadian Athletic Therapy Association (CATA) for the Athletic Therapy option.

In 2023 we began our graduate degree program, the Master of Applied Kinesiology (MAK).

## SECTION 1

### ABOUT THE SCHOOL OF KINESIOLOGY

The School of Kinesiology is responsible for academic study in Kinesiology. Degrees offered by the school include the **Bachelor of Kinesiology (BKIN)** and **Bachelor of Kinesiology with Honours (BKIH)**. We also offer a **Master of Applied Kinesiology (MAK)** graduate program, for students who have already completed an undergraduate program.

To complement the BKIN/BKIH degrees, students can apply to any of the following options during their second year of study. These do NOT appear on the official degree. Contact the Director to arrange a meeting to discuss.

#### Options

- Exercise Science and Training Option
- Athletic Therapy Option
- Psychology Option
- Biology Option
- Nutrition Option

Students can focus on the following Areas of Interest to complement their degree. This does not appear on the official degree. Students should discuss these areas of interest with their Faculty Academic Advisor.

#### Areas of Interest

- Teaching, Leadership and Coaching
- Health Promotion, Wellness and Health Behaviour Change
- Adapted Physical Activity

The school provides a variety of research and service programs in which students are encouraged to participate. These programs provide a variety of professional leadership experiences. They may include: fitness classes, fitness testing, Kinderskills Motor Development, Acadia Cardiac Maintenance (ACM), Acadia Active Aging (AAA), and the Sensory Motor Instructional Leadership Experience (S.M.I.L.E.) programs.

The Acadia School of Kinesiology has fifteen full-time faculty, three instructors, and approximately ten part-time faculty representing diverse academic and professional areas of expertise. Faculty members are actively engaged in teaching, professional and community service, research, and scholarly programs and maintain close working relationships with the undergraduate student body. Entering students are assigned to a Faculty Academic Advisor, and the School makes every effort to offer students careful academic and professional counselling during their years of study.

**For student-related questions, first contact:** [kinesiology@acadiu.ca](mailto:kinesiology@acadiu.ca)

**To contact any member of faculty or staff by e-mail:**  
[firstname.lastname@acadiu.ca](mailto:firstname.lastname@acadiu.ca)

## KINESIOLOGY FULL-TIME FACULTY

<p><b>Dr. Emily Bremer, Assistant Professor</b> Canada Research Chair, Adapted Physical Activity AAC 482, (902) 585-1566 Email: <a href="mailto:emily.bremer@acadiau.ca">emily.bremer@acadiau.ca</a></p>	<p><b>Dr. Marianne Clark, Assistant Professor</b> Sociology AAC 384, (902) 585-1553 Email: <a href="mailto:marianne.clarke@acadiau.ca">marianne.clarke@acadiau.ca</a></p>
<p><b>Prof. Ann Dodge, Lecturer</b> Health Promotion and Wellness AAC 383, (902) 585-1561 Email: <a href="mailto:ann.dodge@acadiau.ca">ann.dodge@acadiau.ca</a></p>	<p><b>Dr. Jonathon Fowles, Professor</b> Physiology, Exercise Science AAC 487.3, (902) 585-1560 Email: <a href="mailto:jonathon.fowles@acadiau.ca">jonathon.fowles@acadiau.ca</a></p>
<p><b>Prof. Scott Hennigar, Instructor</b> Outdoor Adventure H 48, (902) 585-1724 Email: <a href="mailto:scott.hennigar@acadiau.ca">scott.hennigar@acadiau.ca</a></p>	<p><b>Dr. Jason Holt, Professor</b> Philosophy, Communications AAC 385F, (902) 585-1885 Email: <a href="mailto:jason.holt@acadiau.ca">jason.holt@acadiau.ca</a></p>
<p><b>Dr. Karen Kendall, Assistant Professor</b> Exercise Science AAC 488, (902) 585-1558 Email: <a href="mailto:karen.kendall@acadiau.ca">karen.kendall@acadiau.ca</a></p>	<p><b>Dr. Colin King, Associate Professor</b> Sport Rehabilitation AAC 487.2, (902) 585-1309 Email: <a href="mailto:colin.king@acadiau.ca">colin.king@acadiau.ca</a></p>
<p><b>Dr. Darren Kruisselbrink, Director &amp; Professor</b> Motor Learning, Psychology of Sport AAC 340, (902) 585-1564 Email: <a href="mailto:darren.kruisselbrink@acadiau.ca">darren.kruisselbrink@acadiau.ca</a></p>	<p><b>Dr. Scott Landry, Professor</b> Biomechanics, Anatomy AAC 381, (902) 585-1286 Email: <a href="mailto:scott.landry@acadiau.ca">scott.landry@acadiau.ca</a></p>
<p><b>Dr. Lauren Lattimer, Associate Professor</b> Athletic Therapy, Biomechanics AAC 481, (902) 585-1812 Email: <a href="mailto:lauren.lattimer@acadiau.ca">lauren.lattimer@acadiau.ca</a></p>	<p><b>Prof. Sarah Mackinnon, Instructor</b> Lab Instructor, Athletic Therapy AAC 483, (902) 585-1469 Email: <a href="mailto:sarah.mackinnon@acadiau.ca">sarah.mackinnon@acadiau.ca</a></p>
<p><b>Dr. René Murphy, Professor</b> Exercise Physiology AAC 484, (902) 585-1559 Email: <a href="mailto:rene.murphy@acadiau.ca">rene.murphy@acadiau.ca</a></p>	<p><b>Dr. Carley O'Neill, Assistant Professor</b> Physiology, Exercise Science AAC 480, (902) 585-1435 Email: <a href="mailto:carley.oneill@acadiau.ca">carley.oneill@acadiau.ca</a></p>
<p><b>Dr. Robert Pitter, Professor</b> Sociology On Leave Email: <a href="mailto:robert.pitter@acadiau.ca">robert.pitter@acadiau.ca</a></p>	<p><b>Dr. Roxanne Seaman, Professor</b> Adapted Physical Activity &amp; Sport AAC 487.4, (902) 585-1692 Email: <a href="mailto:roxanne.seaman@acadiau.ca">roxanne.seaman@acadiau.ca</a></p>
<p><b>Dr. Chris Shields, Professor</b> Sport &amp; Exercise Psychology AAC 487.5, (902) 585-1319 Email: <a href="mailto:chris.shields@acadiau.ca">chris.shields@acadiau.ca</a></p>	<p><b>Ian Squires, Lecturer</b> Teaching, Leadership &amp; Coaching AAC 385E, (902) 585-1926 Email: <a href="mailto:ian.squires@acadiau.ca">ian.squires@acadiau.ca</a></p>
<p><b>Dr. Matthew Vierimaa, Associate Professor</b> Sport Coaching &amp; Leadership AAC 486, (902) 585-1722 Email: <a href="mailto:matthew.vierimaa@acadiau.ca">matthew.vierimaa@acadiau.ca</a></p>	<p><b>Prof. Janna Wentzell, Instructor 2</b> Lab Instructor, Historical Aspects of Sport AAC 385B, (902) 585-1797 Email: <a href="mailto:janna.wentzell@acadiau.ca">janna.wentzell@acadiau.ca</a></p>

## ADMINISTRATIVE AND LIBRARIAN

<b>Maggie Jean Neilson, Librarian</b> Vaughan Memorial Library VML 420, (902) 585-1718 Email: <a href="mailto:maggiejean.neilson@acadiau.ca">maggiejean.neilson@acadiau.ca</a>	<b>Ned Kelleher, Lab Technician</b> School of Kinesiology AAC 385B, (902) 585-1522 Email: <a href="mailto:ned.kelleher@acadiau.ca">ned.kelleher@acadiau.ca</a>
<b>Margo Boyd or Robyn Shea</b> <b>Administrative Assistants</b> School of Kinesiology AAC 380, (902) 585-1457 Email: <a href="mailto:kinesiology@acadiau.ca">kinesiology@acadiau.ca</a>	

## FACULTY OF PROFESSIONAL STUDIES

<b>Corinne Haigh, Dean and Professor</b> Faculty of Professional Studies Godfrey House, (902) 585-1489 Email: <a href="mailto:corinne.haigh@acadiau.ca">corinne.haigh@acadiau.ca</a>	<b>Kim Vaughan, Administrative Manager</b> Faculty of Professional Studies Godfrey House, (902) 585-1597 Email: <a href="mailto:kim.vaughan@acadiau.ca">kim.vaughan@acadiau.ca</a>
---	---

## ACADIA KINESIOLOGY SOCIETY (A.K.S.)



The Kinesiology Society is a student-led club for all kinesiology students. It is an excellent opportunity to contribute to the School and to have input into your social and educational development while you are at Acadia University. The Society represents the kinesiology student body on the Faculty Student Planning Committee, and at Faculty and School Council meetings.

All Kinesiology students are encouraged to become active members of the society and to take part in the events throughout the year. You are welcome to join in events like orientation day, Kinesiology BBQ, intramural teams, social events, clothing orders and of course any meeting of the society! Don't forget to join the **Acadia Kinesiology Society Facebook page!**

## STUDENT PLANNING COMMITTEE

The student planning committee consists of nine members: two students from Business, Community Development, Education, Kinesiology, Music and the member of the Acadia Students Union representing the Faculty of Professional Studies.



### **SPC Mandate:**

- To make recommendations based on the mission statement and supporting objectives of the Faculty of Professional Studies and Acadia University.
- To foster collaboration and cooperation among the student societies within the Faculty of Professional Studies to identify common issues and resolutions across the Schools;
- To identify opportunities and plan events that will contribute to the welfare of students' professional and educational experiences;
- To establish specific plans and priorities for the allocation of funds in support of student professional development;
- To develop the parameters for, and conduct and adjudicate an annual nomination process for the Outstanding Teaching Award within the Faculty of Professional Studies;
- To elect two members to represent this committee on the Faculty Planning Committee;
- To act as a conduit for information on various initiatives between the faculty and the student body of the professional schools within the Faculty of Professional Studies.

### **Application for Professional Development Funds:**

Each year the Student Planning Committee allocates funding toward enhancing the professional development of students within the faculty. Individuals or groups can apply for financial assistance. Requests will be evaluated on a first come/first served basis. See the Faculty of Professional Studies website for specific criteria and procedures for fund application.

## **ROLE OF A FACULTY MEMBER**

To become a tenured faculty member at Acadia University, an individual needs to complete a Ph.D. That requires approximately 9 to 11 years of university education. Teaching students is the most visible role that faculty play, however they also must engage in considerable scholarly activity, such as conducting research and publishing, to contribute to the body of knowledge in our field. Faculty members are also required to assume leadership roles on various committees both within the university and within professional organizations.

One additional role that faculty members assume is that of an advisor to students. Advising does not mean making decisions for students about matters such as course selection. Rather, it means that a faculty member is available for students to discuss academic matters such as those presented in the university calendar and program handbook. When students are familiar with the contents of these documents, the quality of time spent between a student and advisor can be greatly enhanced.

Faculty members have a responsibility to be well versed in the current knowledge of their teaching areas. Beyond this, they strive to present knowledge in an interesting and challenging way. In most courses, faculty attempt to provide a balance of theory and application and use varied teaching strategies to enhance the learning experience.

## **SECTION 2**

### **BACHELOR OF KINESIOLOGY AT ACADIA UNIVERSITY**

The Kinesiology Program has five themes that underlie its philosophy and curriculum: communication, critical thinking, equity, leadership and entrepreneurship, and wellness. These five themes will be profiled through course content and students will be encouraged to consider the importance of these themes as they prepare for class work and assignments.

#### **BACHELOR OF KINESIOLOGY PROGRAM**

Kinesiologists are university graduates who have acquired knowledge about the biophysical, socio-cultural, and psychomotor bases of human movement and physical activity. The Bachelor of Kinesiology degree program at Acadia requires students to complete CORE courses in each of several sub-disciplines, and to complete complementary courses from the Faculty of Arts and the Faculty of Pure and Applied Science. Additionally, the degree program provides an opportunity for students to select courses which represent an in-depth interest in a single sub-discipline, a professional application, or an interest in kinesiology in its broadest sense. Acadia provides many opportunities for students to gain practical experience in Research, Leadership and Instruction, Athletic Therapy, Adapted Physical Activity, Strength and Conditioning Science, etc., and encourages students to take advantage of these opportunities.

The opportunities for employment in kinesiology are varied. Students are encouraged to be creative in marketing their degrees, as the world of sport and physical activity provides many opportunities. Although most incoming students are hoping to pursue a career in physiotherapy, a number of our graduates do other things with their degrees. For example, teaching continues to be an attractive option to some kinesiology graduates, and there is a wide variety of other opportunities in such areas as fitness leadership, program development and instruction for all age and ability groups, sport or fitness management, coaching, sport rehabilitation, sport science, and health promotion and wellness. Several graduates of the Acadia program have entered medical schools, physiotherapy schools, and veterinary college, while others have pursued masters and doctoral degrees in one of the sub-disciplines of kinesiology or allied health professions. Both the public and private sectors are frequent sources of employment, and more recently, non-profit organizations have presented a wide range of career opportunities. In addition, several graduates have started their own businesses. New opportunities arise every year in this growing field.

# THE BACHELOR OF KINESIOLOGY CURRICULUM

The Bachelor of Kinesiology curriculum requires completion of 120 credit hours. (Course numbers which end in “3” are worth three credit hours.) **Students entering the kinesiology program in September must obtain a grade of 60% (C-) or better in the kinesiology CORE and communication course.** A minimum program GPA of 2.00 is required to graduate.

## 1. Kinesiology Core (51h)

<b>KINE 1013</b>	Foundations
<b>KINE 1113</b>	Research Methods in Kinesiology
<b>KINE 1213</b>	Growth & Motor Development
<b>KINE 1243</b>	Historical Aspects of Physical Activity and Sport in Canada
<b>KINE 1333</b>	Care & Prevention of Athletic Injuries
<b>KINE 1413</b>	Human Anatomy 1
<b>KINE 2033</b>	Biomechanics 1
<b>KINE 2253</b>	Sociological Aspects of Physical Activity and Sport
<b>KINE 2413</b>	Applied Human Physiology 1
<b>KINE 2423</b>	Applied Human Physiology 2
<b>KINE 2433</b>	Psychological Aspects of Physical Activity and Sport
<b>KINE 3013</b>	Exercise Physiology
<b>KINE 3053</b>	Human Anatomy 2
<b>KINE 3213</b>	Motor Learning
<b>KINE 3363</b>	Philosophical Aspects of Physical Activity and Sport
<b>KINE 4633</b>	Senior Seminar
<b>(3h)</b>	2 Activity Labs

## 2. Arts and Science Core (27h)

<b>BIOL 1853</b>	Applied Human Biology 1
<b>BIOL 1863</b>	Applied Human Biology 2
<b>MATH 1253</b>	Statistics 1
<b>(6h)</b>	Faculty of Arts
<b>(12h)</b>	Faculty of Arts or from the Faculty of Pure & Applied Science

## 3. Communication Core (3h)

COMM 1013 Communication for Kinesiology

## 4. Kinesiology Electives (18h)

(9h) must be at the 3000 or 4000 level

## 5. University Electives (21h)

## 6. Non-Credit Requirements

<b>KINE 1100</b>	First Aid and CPR (Intermediate CSA First Aid CPR AED Level C must be completed in first year)
<b>KINE 3100</b>	Professional Development

## ADDITIONAL DEGREE REQUIREMENTS

- I. **KINE 1100 First Aid and CPR** Students must submit a copy of a valid **Intermediate CSA First Aid CPR AED Level C certificate** on the KINE 1100 Acorn page **by March 1<sup>st</sup> of their first year** in the program. **You will not be able to register in all 2<sup>nd</sup> year classes until this is completed.**
  
- II. **KINE 3100 Professional Development** is divided into two units. The “A” unit includes one 6-hour minimum conference and the completion of a two-page single-spaced reflection. The “B” unit includes two 1-hour seminars with the completion of a half-page single-spaced reflection for both seminars. Students are required to complete “A” and “B”. Permission from the school must be obtained prior to attendance.

These **8 hours** must be directly related to the discipline of kinesiology. If it has been preapproved by the School of Kinesiology you do not have to get approval from your advisor. Conference credit will not be granted for certification (e.g., NCCP courses, aerobics instructors' courses, etc.), nor for situations where students must attend due to course requirement. **A written report must be completed after each presentation, lecture, or conference which you attend, and should include a description of each presenter and an evaluation of the content: what you liked, disliked, and learned from the presentation. You MUST include on the top corner your first and last name, student number, the title of the session, and indicate A or B Unit.**

You must submit the **conference reports** on the KINE 3100 Acorn page for review by your faculty advisor within **2 weeks** of attending the conference or academic enhancement experience.

## KEEPING TRACK OF YOUR DEGREE

Although faculty and staff will do their best to follow your progress, **it is your responsibility** to make sure you complete all degree requirements and are thus eligible to graduate. Normally, students who successfully complete 30 hours per year will finish the program in four years.

The curriculum planner and degree checklist are provided to help you keep track of where you are and what you have left to do. As a rule, 1000 level courses are completed in the first year, 2000 level courses in the second year, 3000 level courses in your third year and 4000 level courses in the fourth year. Check calendar course descriptions for prerequisites to courses numbered 2000 and above.

A **KINE elective** is any non-core KINE course. A **university elective** is any university course including kinesiology elective courses. An **arts course** is any course offered by the Faculty of Arts. A **science course** is any course offered by the Faculty of Pure & Applied Science.

<b>CODE</b>	<b>DESCRIPTION</b>	<b>FACULTY</b>
APSC	Applied Science	Pure and Applied Science
ART	Art	Arts
BIOL	Biology	Pure and Applied Science
BUSI	Business	Professional Studies
CHEM	Chemistry	Pure and Applied Science
CLAS	Classics	Arts
CODE	Community Development	Professional Studies
COMP	Computer Science	Pure and Applied Science
CREL	Comparative Religion	Arts
ECON	Economics	Arts
EDUC	Education	Professional Studies
ENGL	English	Arts
ENVS	Environmental Science	Pure and Applied Science
ESST	Environmental & Sustainability Studies	Arts
FRAN	French	Arts
GEOL	Geology	Pure and Applied Science
GERM	German	Arts
HIST	History	Arts
KINE	Kinesiology	Professional Studies
LATI	Latin	Arts
MATH	Mathematics & Statistics	Pure and Applied Science
MUSI	Music	Professional Studies
NUTR	Nutrition	Pure and Applied Science

<b>CODE</b>	<b>DESCRIPTION</b>	<b>FACULTY</b>
PHIL	Philosophy	Arts
PHYS	Physics	Pure and Applied Science
PSYC	Psychology	Pure and Applied Science
SOCI	Sociology	Arts
SPAN	Spanish	Arts
THEA	Theatre Studies	Arts
WGST	Women & Gender Studies	Arts

If you enter the Honours Program, KINE 3163, KINE 407T and KINE 408T will replace 9hrs of kinesiology electives.

**Note:** The following courses cannot be taken as part of the Bachelor of Kinesiology degree:

- KINE 1993**    **Physically Active Living**
- BIOL 2813**    **Human Physiology & Anatomy 1**
- BIOL 2823**    **Human Physiology & Anatomy 2**
- KINE 2993**    **Personal Health**





## Bachelor of Kinesiology CURRICULUM PLANNER 2023

Year 1	Year 2
KINE 1013 Foundations KINE 1100 First Aid & CPR (Non-credit) KINE 1113 Research Methods in Kinesiology KINE 1213/1210L Growth & Motor Development KINE 1243 Historical Aspects of Physical Activity & Sport in Canada KINE 1333/1330L Care & Prevention of Athletic Injuries KINE 1413/1410L Human Anatomy 1 BIOL 1853/1850L Applied Human Biology 1 BIOL 1863/1860L Applied Human Biology 2 COMM 1013 Communication for Kinesiology MATH 1253/1250L Statistics 1	KINE 2033/2030L Biomechanics KINE 2253 Sociological Aspects of Physical Activity & Sport KINE 2413/2410L Applied Human Physiology 1 KINE 2423/2420L Applied Human Physiology 2 KINE 2433 Psychological Aspects of Physical Activity & Sport 2 Activity Labs 12h Electives (Arts, Science or Kine)*
Year 3	Year 4
KINE 3013/3010L Exercise Physiology KINE 3053/3050L Human Anatomy 2 KINE 3100 Professional Development (Non-credit) KINE 3213/3210L Motor Learning KINE 3363 Philosophical Aspects of Physical Activity & Sport 18h Electives (Arts, Science or Kine)*	KINE 4633 Senior Seminar 27h Electives (Arts, Science or Kine)*
<p>*Electives— 6h from the Faculty of Arts, 12h from the Faculty of Arts OR the Faculty of Pure and Applied Science, 18h of Kinesiology electives (at-least 50% of the KINE electives offered for the degree must be at the 3000 level or higher), 21h University electives.</p> <p><b>**Curriculum subject to change</b></p>	



## Bachelor of Kinesiology DEGREE CHECKLIST 2020+

<b>Kine Core (C- or better) – 51hrs</b>	<b>Kine Electives - 18hrs</b>
<input type="checkbox"/> KINE 1013 Foundations <input type="checkbox"/> KINE 1113 Research Methods in Kinesiology <input type="checkbox"/> KINE 1213/1210L Growth & Motor Development <input type="checkbox"/> KINE 1243 Historical Aspects of Physical Activity & Sport in Canada <input type="checkbox"/> KINE 1333/1330L Care & Prevention of Athletic Injuries <input type="checkbox"/> KINE 1413/1410L Human Anatomy 1 <input type="checkbox"/> KINE 2033/2030L Biomechanics <input type="checkbox"/> KINE 2253 Sociological Aspects of Physical Activity & Sport <input type="checkbox"/> KINE 2413/2410L Applied Human Physiology 1 <input type="checkbox"/> KINE 2423/2420L Applied Human Physiology 2 <input type="checkbox"/> KINE 2433 Psychological Aspects of Physical Activity & Sport <input type="checkbox"/> KINE 3013/3010L Exercise Physiology <input type="checkbox"/> KINE 3053/3050L Human Anatomy 2 <input type="checkbox"/> KINE 3213/3210L Motor Learning <input type="checkbox"/> KINE 3363 Philosophical Aspects of Physical Activity & Sport <input type="checkbox"/> KINE 4633 Senior Seminar <input type="checkbox"/> 2 Activity Labs	<input type="checkbox"/> Kine Elective <input type="checkbox"/> Kine Elective <input type="checkbox"/> Kine Elective <input type="checkbox"/> Kine Elective (3000+) <input type="checkbox"/> Kine Elective (3000+) <input type="checkbox"/> Kine Elective (3000+)
	<b>Arts &amp; Science Electives – 27hrs</b>
	<input type="checkbox"/> Arts Elective <input type="checkbox"/> Arts Elective <input type="checkbox"/> MATH 1253/1250L Statistics 1 <input type="checkbox"/> BIOL 1853/1850L Applied Human Biology 1 <input type="checkbox"/> BIOL 1863/1860L Applied Human Biology 2 <input type="checkbox"/> Arts or Science Elective <input type="checkbox"/> Arts or Science Elective <input type="checkbox"/> Arts or Science Elective <input type="checkbox"/> Arts or Science Elective
<b>Communication Core (C- or better) – 3hrs</b>	<b>University Electives – 21hrs</b>
<input type="checkbox"/> COMM 1013 Communication for Kinesiology	<input type="checkbox"/> University Elective <input type="checkbox"/> University Elective <input type="checkbox"/> University Elective <input type="checkbox"/> University Elective <input type="checkbox"/> University Elective <input type="checkbox"/> University Elective <input type="checkbox"/> University Elective
<b>Non-Credit</b>	
<input type="checkbox"/> KINE 1100 First Aid & CPR (Non-credit) <input type="checkbox"/> KINE 3100 Professional Development (Non-credit)	



# HONOURS PROGRAM GUIDELINES

## Thinking of doing an Honours Program? An Overview



The Honours Degree is a challenging program for students who have a particular interest and desire to pursue further learning in a specialty area. Through the honours process, students gain research, problem-solving, and writing skills beyond the scope of the regular four-year undergraduate degree. The Honours Degree includes all the conceptual elements of the bachelor's degree plus a major honours thesis/research project typically completed throughout the third and fourth years. It provides a tremendous opportunity to work one on one with a faculty supervisor.

The Honours Degree acts as Acadia University's official recognition of exceptional accomplishment. This opportunity may be used to prepare for graduate work, to acquire a further qualification in the profession, or to provide a structured avenue for pursuing a chosen area for academic curiosity and passionate interest. Honours students are academically successful students who carry out a challenging research project with rigour, depth and excellence.

If you are interested in honours but are not clear on the sort of research project you might like to pursue, talk to a faculty member who broadly shares research interests with you. You should do this in your second year or at the start of your third year.

## Degree Requirements

1. You will need a faculty member to supervise your honours program work. That person's ability to supervise your honours program will depend upon the number of students already working with that faculty member, and the match between your proposed topic and the faculty member's expertise and research program.
2. The academic requirements which you must meet are:
  - a) Students must have and obtain a **GPA of 3.0** or more, as well as a minimum grade of **B-** in all core courses.  
Kinesiology honours students must complete:
    - b) **KINE 3163** Applied Research Methods
    - c) **KINE 3883** Directed Readings (Highly recommended)
    - d) **KINE 407T & 408T** Honours Thesis
3. Your supervisor must send an email to the kinesiology administrative assistant to have your program changed from BKIN to BKIH (Honours).

## AREAS OF INTEREST IN KINESIOLOGY

In the **Bachelor of Kinesiology degree program**, students may pursue areas of interest in one of the following:

### Health Promotion, Wellness and Health Behaviour Change



**KINE 2493** Health Promotion and Wellness

**KINE 3693** Health Behaviour Change

**KINE 3853** Wellness and Aging

**KINE 4233** Stress Management

### Adapted Physical Activity



**KINE 2003** Adapted Physical Activity

**KINE 3373** Children with Special Needs

**KINE 3573** Perceptual Motor Development

**KINE 3853** Wellness and Aging

**KINE 4693** Physical Activity and Chronic Conditions

**KINE 4773** Sensory Motor Instructional Leadership Program

**KINE 4893** Disability Sport

### Teaching, Leadership & Coaching



**KINE 2003** Adapted Physical Activity

**KINE 2133** Introduction to Coaching

**KINE 2493** Health Promotion and Wellness

**KINE 3133** Leadership and Team Building

**KINE 3143** Introduction to Teaching Physical Education

**KINE 3533** Advanced Coaching Methods

**KINE 4003** Ethical Issues in Sport & Physical Activity

**KINE 4753** Promoting Physical Activity for Youth

**KINE176D** Outdoor Leader 1

**KINE276D** Outdoor Leader 2

Variety of Activity Labs

## KINESIOLOGY OPTIONS

### Exercise Science & Training Option



Students must complete 120 credit hours as follows:

- Kinesiology Core (51h)
- Exercise Science & Training Core (18h): KINE 3343, KINE 3393, KINE 4013, KINE 4193, KINE 4203, KINE 4693
- All of the following (12h): BIOL 1853, BIOL 1863, COMM 1013, KINE 1100, KINE 3100, MATH 1253
- 6h from the Faculty of Arts
- 12h from the Faculty of Arts or Faculty of Pure and Applied Science
- 21h University electives

Minimum grades of C- are required in the Kinesiology and Communication core. Grades of B- are required in the Exercise Science & Training Core. A minimum program GPA of 2.0 is required to be eligible to graduate. An overall minimum cumulative GPA of 3.00 is required for application to this option. A maximum of 18 students will be accepted each year.

### Athletic Therapy Option



Students must complete 120 credit hours as follows:

- Kinesiology Core (51h)
- Athletic Therapy Core (18h): Four practicums (KINE 160A, 161A, 260A, 261A), KINE 3413, KINE 3423, KINE 4843, KINE 4853
- All of the following (21h): BIOL 1853, BIOL 1863, COMM 1013, KINE 1100, KINE 2003, KINE 3100, KINE 3343, KINE 3400, KINE 3500, KINE 3600, KINE 4013, KINE 4500, KINE 4600, MATH 1253
- 6h from the Faculty of Arts
- 12h from the Faculty of Arts or Faculty of Pure and Applied Science
- 12h University electives

Minimum grades of C- are required in the Kinesiology and Communication core. Grades of B are required in the Athletic Therapy Core. A minimum program GPA of 2.0 is required to be eligible to graduate. An overall minimum cumulative GPA of 3.00 is required for application to this option. A maximum of 16 students will be accepted each year.

## Biology Option

Students must complete 120 credit hours as follows:

- Kinesiology Core (51h)
- Biology Core (24h): BIOL 1853, BIOL 1863, BIOL 2013, BIOL 2043, BIOL 2053, BIOL 2073, 6h Biology electives
- All of the following (12h): COMM 1013, CHEM 1013, CHEM 1023, KINE 1100, KINE 3100, MATH 1253
- 18h Kinesiology electives (9h must be at the 3000 level or higher)
- 6h from the Faculty of Arts
- 9h University electives

Grades of C- are required in the Kinesiology, Communication and Biology Core. In addition, a minimum program GPA of 2.0 is required to graduate. An overall cumulative GPA of 2.75 is required for admission to this option. A maximum of 12 students will be accepted each year.



## Psychology Option

Students must complete 120 credit hours as follows:

- Kinesiology Core (51h)
- Psychology Core (21h): PSYC 1013, PSYC 1023, 15h Psychology electives
- All of the following (12h): BIOL 1853, BIOL 1863, COMM 1013, KINE 1100, KINE 3100, MATH 1253
- 18h Kinesiology electives (9h must be at the 3000 level or higher)
- 6h from the Faculty of Arts
- 12h University electives

Grades of C- are required in the Kinesiology, Communication and Psychology Core. In addition, a minimum program GPA of 2.0 is required to graduate. An overall cumulative GPA of 2.75 is required for admission to this option. A maximum of 12 students will be accepted each year.



## Nutrition Option

Students must complete 120 credit hours as follows:

- Kinesiology Core (51h)
- Nutrition Core (18h): NUTR 1313, NUTR 1323, 12h of Nutrition electives approved by the School of Nutrition and Dietetics
- All of the following (12h): BIOL 1853, BIOL 1863, COMM 1013, KINE 1100, KINE 3100, MATH 1253
- 18h Kinesiology electives (9h must be at the 3000 level or higher)
- 6h from the Faculty of Arts
- 15h University electives

Grades of C- are required in the Kinesiology, Communication and Nutrition Core and a minimum program GPA of 2.0 is required to graduate. An overall cumulative GPA of 2.75 is required for admission to this option. A maximum of 12 students will be accepted each year.



## ELECTIVES

The School of Kinesiology teach the electives listed below. Not all courses are available each year. Please consult the Course Catalog for electives offered and a description of the course.

**KINE 2003** Adapted Physical Activity  
**KINE 2133** Coaching  
**KINE 2493** Health Promotion and Wellness  
**KINE 3133** Leadership and Team Building  
**KINE 3143** Introduction to Teaching Physical Education  
**KINE 3153** Development of Sport Expertise  
**KINE 3163** Applied Research Methods in Kinesiology  
**KINE 3173** Sport and Law  
**KINE 3183** Developing Leadership  
**KINE 3193** Para-Sport  
**KINE 3323** Therapeutic Exercise: Foundations and Techniques  
**KINE 3343** Fitness Programming  
**KINE 3373** Children with Special Needs  
**KINE 3383** Aesthetics of Sport and Dance  
**KINE 3393** Physiological Assessment  
**KINE 3413** Assessment and Rehabilitation of the Lower Extremity  
**KINE 3423** Assessment and Rehabilitation of the Upper Extremity  
**KINE 3433** Athletic Therapy Field Seminar  
**KINE 3453** Positive Youth Development in Sport & Physical Activity  
**KINE 3533** Advanced Coaching Methods  
**KINE 3573** Perceptual-Motor Development  
**KINE 3663** Coaching Practicum 1  
**KINE 3683** Applied Sport Psychology  
**KINE 3693** Health Behaviour Change  
**KINE 3853** Wellness and Aging  
**KINE 3883** Directed Readings in Kinesiology  
**KINE 4003** Ethical Issues in Sport & Physical Activity  
**KINE 4013** Training Methods  
**KINE 4083** Independent Study  
**KINE 4193** Exercise Science Training Practicum  
**KINE 4203** Exercise Science Clinical Practicum  
**KINE 4213** Biomechanics of Injury and Disease  
**KINE 4233** Stress Management  
**KINE 4373** Neural Basis of Motor Control  
**KINE 4433** Athletic Therapy Clinical Seminar  
**KINE 4563** Adventure Education  
**KINE 4573** Biomechanics 2  
**KINE 4593** Special Topics in Kinesiology  
**KINE 4693** Physical Activity and Chronic Conditions  
**KINE 4753** Promoting Physical Activity for Youth  
**KINE 4763** Introduction to the Canadian Health Care System  
**KINE 4773** S.M.I.L.E. Programming  
**KINE 4803** Professional Aspects in Sport Injury Assessment and Care  
**KINE 4823** Aging Physiology and Exercise  
**KINE 4833** Social Determinants of Health  
**KINE 4843** Assessment and Rehabilitation of the Axial Skeleton and Pelvis

## **Electives Continued**

**KINE 4853** Therapeutic Modalities  
**KINE 4863** Emergency Conditions  
**KINE 4873** Pharmacology for Kinesiology  
**KINE 4893** Disability Sport

### ***Introductory Activity Labs***

**KINE 176D** Outdoor Leader 1  
**KINE 178A** Zumba  
**KINE 180D** Intro to Adventure Programming  
**KINE 181A** Hockey 1  
**KINE 181B** Yoga  
**KINE 181C** Sledge Hockey  
**KINE 182A** Ringette  
**KINE 182B** Volleyball 1  
**KINE 184D** Intro to Canoe Tripping  
**KINE 185A** Physical Activity for Children  
**KINE 185B** Physical Activity for Older Adults  
**KINE 185D** Special Topics 1  
**KINE 185E** Golf  
**KINE 185F** Curling  
**KINE 185H** Kayaking  
**KINE 187A** Aquatics  
**KINE 188A** Tennis  
**KINE 188B** Event Management Practicum  
**KINE 189A** Soccer  
**KINE 190A** Physical Activity for Chronic Conditions  
**KINE 190B** Resistance Training  
**KINE 190C** Agility, Quickness, and Speed

### ***Advanced Activity Labs***

**KINE 276D** Outdoor Leader 2  
**KINE 280D** Bike Touring  
**KINE 280S** Special Topics 2  
**KINE 281D** Advanced Canoeing  
**KINE 282D** Advanced Survival

## SECTION 3

### ACADIA UNIVERSITY

Located in Wolfville, Nova Scotia, 100 kilometers northwest of Halifax, Acadia University, was founded in 1838. The university has earned a national and international reputation for scholarship in the arts, sciences, and many professional fields.

Considered one of the leading undergraduate universities in Canada, Acadia offers students a unique opportunity to experience an environment which combines outstanding academic programs with a diversity of extracurricular activities. The university's small-town location and predominately residential character encourages personal growth through close contacts with fellow students and professors, through participation in intramural and intercollegiate activities, and through a wide variety of cultural programs.

The university is situated on a campus of 100 hectares and features 31 major buildings including 12 residences which can house over 1700 students, the largest on-campus population in eastern Canada. At the heart of the university is the Vaughan Memorial Library which contains over one million titles.

Acadia offers students more than 200 different degree combinations leading to degrees, diplomas, and certificates in the disciplines comprising the Faculty of Arts, Faculty of Pure and Applied Science, Faculty of Professional Studies, and Faculty of Theology. Within these faculties many specialized programs are offered.

### ACADEMIC STRUCTURE OF THE UNIVERSITY

Academic units (Schools and Departments) at Acadia University are grouped into three Faculties: Faculty of Arts, Faculty of Pure and Applied Science, and Faculty of Professional Studies. Each Faculty is led by a Dean who reports to the Provost & Vice-President Academic.

The Faculty of Professional Studies is comprised of five Schools and one Department. The School of Business Administration, the School of Education, the School of Kinesiology, the School of Music, the School of Nursing, and the Department of Community Development. The School of Kinesiology is led by a Director, who reports to the Dean of the Faculty of Professional Studies.

The Kinesiology Program Council meets regularly. Membership consists of all kinesiology faculty and staff members, and one student representative. Student concerns are brought to Council by the student representative via A.K.S. (Acadia Kinesiology Society).



## ACADEMIC INTEGRITY

Taken from the Acadia University Academic Calendar (<https://registrar.acadiau.ca/AcademicCalendars.html>)

Academic integrity demands responsible use of the work of other scholars. It is compromised by academic dishonesty such as cheating and plagiarism. A student who is uncertain whether a course of action might constitute cheating or plagiarism should seek in advance the advice of the instructor involved.

- Cheating is copying or the use of unauthorized aids or the intentional falsification or invention of information in any academic exercise.
- Plagiarism is the act of presenting the ideas or words of another as one's own. Students are required to acknowledge and document the sources of ideas that they use in their written work.
- Self-plagiarism is also a form of plagiarism. It is the presentation of the same work in more than one course without the permission of the instructors involved.
- A student who knowingly helps another to commit an act of academic dishonesty is equally guilty.
- Penalties are levied in relation to the degree of the relevant infraction. They range from requiring the student to re-do the piece of work, through failure on that piece of work, to failure in the course, and to dismissal from the university.

### Procedures Concerning Infractions of Academic Integrity (Academic)

- a. An instructor who suspects a violation of academic integrity shall first attempt to determine if a potential violation exists. This determination shall involve a preliminary meeting between the instructor and student. If a determination is made by the instructor that the incident does not constitute a violation, no further action is initiated.
- b. Where a potential violation is indicated, a meeting shall be convened normally within five working days with the student, instructor, and Unit Head. This meeting is intended to present information to determine if an infraction has occurred. Both student and instructor may bring a witness/advocate. That advocate for the student may be an ASU representative. Each party will be allowed to submit written statements and speak to the allegation.
- c. No later than five working days after the meeting the Unit Head shall offer her/his verdict on the case. Where a Unit Head determines that the evidence fails to support the claim of a violation, the case concludes with no further action.
- d. Where it is determined that an infraction has occurred, the Head shall contact the Registrar's Office to determine if the student has former infractions in the Registry of Previous Infractions.
- e. Where the Registry of Previous Infractions contains no more than one previous case, the Head shall determine a suitable penalty for the infraction. It is noted that in making this determination, the Head shall be guided by the twin interests of education and sanction. In cases where there are 2 or more previous infractions indicated, the Head shall send the relevant documentary evidence to the relevant Dean for the determination of the appropriate sanction.



- f. The student has the right of appeal. Where the determination of sanction has been made at the level of the Unit Head, the appeal is made to the relevant Dean with the Unit Head and Student present for the meeting. Where the sanction was determined at the Dean level, the appeal is to the Vice-President Academic with the Dean and student present for the meeting. The Unit Head (or Dean) and student may each have a witness/advocate (ASU representative is permitted for the student). The determination by the appeal body is final.
- g. Notwithstanding (f), in the case of a penalty of expulsion from the University a student has the right to appeal the decision of the Vice-President Academic to the Senate Academic Discipline Appeals Committee. Students have the right to legal counsel when appearing before this committee.
- h. In all cases, violations are to be recorded in the Registrar's Registry of Previous Infractions.
- i. In the event that a Unit Head is the instructor, a designated Head will discharge the relevant duties. In the case where the instructor is a Dean, the VPA will designate a substitute Dean for the prescribed role.

### **Procedures on complaints in other academic matters**

The complainant should first attempt to resolve the matter with the instructor. If it cannot be resolved, the complaint must be presented, preferably in writing, to the appropriate Head of Department or Director of the School who will investigate and attempt a resolution. If the matter cannot be settled by the head/director, it shall be referred to the appropriate Dean of Faculty. Any complainant may at any time have the assistance of the Vice President, Academic of the Acadia Students' Union.

### **Discipline**

The authority for Acadia University's judicial system derives from the power granted to the Board of Governors by the Province of Nova Scotia under the University's Act of Incorporation in 1891. These powers are exercised on behalf of the Board of Governors by the Senior Director, Student Affairs. The system itself is fundamentally informal, and the Judicial Board is staffed by students, faculty and members of the University's administration, and Acadia Students Union, none of whom are trained legal experts. Nevertheless, care has been taken to build into it the elements of natural justice, while at the same time, providing for the relatively speedy resolution of complaints. To this end, specific time limitations and procedures have been established, the option of a pre-hearing settlement rather than going to a full hearing exists, and provision is made for appeals of decisions rendered by the Judicial Board. All sanctions are imposed either by the Student Development Coordinator, Campus Programs, through a pre-hearing settlement, or by the Judicial Board after it has conducted a full hearing.

- Sanctions imposed will, as closely as possible; reflect the logical consequences of the student's misbehaviour. Although punitive measures may be taken, efforts will also be made to provide for sanctions which will be educative and developmental in nature.
- Students who are subject to charges placed through the local police or RCMP may also be subject to a hearing under the University's judicial system. As well, the University reserves the right to impose sanctions.

- This statement of judicial policies and procedures does not limit the freedom of the University to press criminal charges in cases where this is deemed to be the most appropriate course of action.
- The University reserves the right to refuse application for residence accommodation, to cancel residence privileges during the year, and to reassign students to other rooms for reasons it deems appropriate.
- Not all matters have been delegated to the judicial system. Unless specifically referred to in this policy statement, matters or issues are not covered by such systems. However, the Board of Governors and the Manager, Campus Programs, have the authority to deal with any matter in a manner that is outside the limits and procedures of the student judicial system when they deem it appropriate or necessary to do so.

Judicial policies are described in considerable detail in the Acadia Students' Union (ASU) student handbook, and the residence handbook. Material on student discipline found in the University's calendar, the ASU student handbook, and the residence handbook all constitute part of the formal contract between the University and the student. The official university judicial policy document is found on the university website under both Student Life and Campus Resources - Campus Programs. A copy of this document can also be obtained from the Department of Campus Programs. For more information, call (902) 585-1308.

## SECTION 4

### VAUGHAN MEMORIAL LIBRARY

As a center for information and learning, the Vaughan Memorial Library is dedicated to providing quality resources and services to meet your course information needs. The Library building is located adjacent to the Beveridge Arts Centre (BAC) on the edge of the Acadia Campus. Its gateway to information sources can be accessed at: <http://library.acadiu.ca>.

Students enrolled in the Kinesiology Program have their own librarian to assist them with course related research. Your librarian, **Maggie Jean Neilson**, can show you how to navigate through library resources and help you find, organize, and cite information for your assignments and papers. Contact [maggiejean.neilson@acadiu.ca](mailto:maggiejean.neilson@acadiu.ca)

### ATHLETICS AND RECREATION PROGRAMS

#### Athletics

Acadia University is a member of the national interuniversity sport organization (USPORTS) and the Atlantic University Sport (AUS). Acadia's interuniversity sports program dates back to 1875 and has gained recognition at the local, regional, and national level as a competitive and successful athletic program.

#### Campus Programs

The Athletics Department and Campus Programs co-ordinates an extensive program of recreation and leisure opportunities. Programs are offered in competitive intramural sports, recreational activities, sports clubs, special events, and fitness activities. Clinics, workshops and "open" scheduled times in the facilities are also featured.

Students seeking a career in kinesiology can gain actual programming, leadership, and administrative experience through campus programs which will benefit your professional

development. Officials for soccer, softball, touch football, hockey, basketball, volleyball, and rugby are always needed. Volunteers for office administration, residence representatives, and program supervision are welcomed and offer a significant contribution to Campus Programs at Acadia.



### **University Services**

Of particular importance to your life as a student at Acadia University is familiarity with services the university provides that may assist you. Take some time to learn how to effectively use the library and computing services. Drop into the Campus Counselling Centre (Rhodes Hall) to find out about assistance in study skills, time management, and career counselling, and locate your Student Council office and services in the Student Union Building. Also, the University Medical Centre is located on the ground floor of Dennis House (west doors).

## **ACADEMIC SUPPORT SERVICES, KINESIOLOGY**

### **Professors**

Professors are available to answer any questions you have about the courses that they teach. Each of your professors has office hours, time set aside every week during the term to meet with students registered in their courses. Check your course outline or ask your professor for the times and locations. If you are seeking academic advice, contact your Faculty Academic Advisor. All student have their Academic Advisor listed on their Profile page of the Self-Serve Portal.

Professors with “**mental health ally**” stickers on their office doors are available to speak openly about mental health and can assist you in finding additional resources if required.

### **Teaching Assistants**

Some courses have Teaching Assistants (TAs) assigned to them. TAs are students who have been hired to work with professors to help them with various activities such as marking assignments or leading tutorials. TAs’ duties vary, depending on the course and the professor.

## **ACADIA CAMPUS RESOURCE DIRECTORY**

### **Career Services**

<https://careerservices.acadiu.ca/welcome.html>

Career services offers career advising, workshops, job postings and networking events to help you find your future career path.

Contact: [career.services@acadiu.ca](mailto:career.services@acadiu.ca)

### **Counselling Services**

<https://counsel.acadiu.ca/>

Acadia Counselling Services offers individual counselling sessions, unlimited and at no additional cost to students.

Contact: [counselling@acadiu.ca](mailto:counselling@acadiu.ca), Tel 902-585-1246

## **Accessible Learning**

<https://www2.acadiau.ca/student-life/accessiblelearning.html>

Services are offered to students who have a documented disability and want support. This is coordinated by the Academic Support Coordinator. After meeting with their staff and introducing yourself to your instructors you are in a position to access exam accommodations, counselling, advising, and help finding tutors, readers, scribes or assistive software. Rhodes Hall, Rooms 111-115

**Contact** [accessible.learning@acadiau.ca](mailto:accessible.learning@acadiau.ca), Tel 902.585.1605, 902.585.1823

## **Food Cupboard**

<https://facebook.com/ASUFoodCupboard/>

The Acadia Food Cupboard provides emergency food support to any student along with miscellaneous living supplies such as toilet paper and feminine hygiene products. Nutritional information, dietary support, and budgeting tools that are available to all students. **Contact** [asufoodcupboard@acadiau.ca](mailto:asufoodcupboard@acadiau.ca)

## **Math and Statistics Help**

[https://mathhelp.acadiau.ca/MASH\\_home\\_page.html](https://mathhelp.acadiau.ca/MASH_home_page.html)

MASH offers free tutoring services for 1000 level statistics and math courses.

**Contact** [caroline.cochran@acadiau.ca](mailto:caroline.cochran@acadiau.ca) Tel 902.585.1259

## **Mental Health Initiative**

[https://www2.acadiau.ca/student\\_life/health-wellness/mental-health/online-tools.html](https://www2.acadiau.ca/student_life/health-wellness/mental-health/online-tools.html)

Acadia Mental Health Initiative seeks to promote mental wellness on campus through a combination of peer support and advocacy.

**Contact** [counselling@acadiau.ca](mailto:counselling@acadiau.ca)

## **Personal Support Line,**

Support students through pro-active listening and person-centered care. Available Thursday through Saturday 7pm-1am.

**Contact** [902-599-2284](tel:902-599-2284) (call or text)

## **Physics Help Centre**

[https://physics.acadiau.ca/physics\\_help.html](https://physics.acadiau.ca/physics_help.html)

Drop-in tutoring offered for 1000-level physics Monday to Thursday in HSH202

## **Pride**

<https://www.facebook.com/acadiapride>

SUB 506. Acadia Pride is aimed at providing an outlet for lesbian, gay, bisexual, transgendered, two-spirited, and queer (LGBT2IQ) individuals, as well as friends, and allies.

**Contact** [pride@acadiau.ca](mailto:pride@acadiau.ca)

## **Student Advisor**

<https://acadiau.ca/student-life/academic-student-support.html>

All students seeking advice, support, resources on campus, questions or concerns see Adam Detienne in University Hall room 120.

**Contact** [studentsupport@acadiau.ca](mailto:studentsupport@acadiau.ca), Tel 902-585-1453.

## Student Health Services

<http://healthservices.acadiau.ca>

Health Clinic available to students in Dennis House (West). Some services include medical diagnosis and treatments, confidential testing for STIs and HIV, pregnancy tests and subsidized emergency contraception, referrals for other health specialists.

**Contact** [studenthealth@acadiau.ca](mailto:studenthealth@acadiau.ca), Tel 902-585-1238

## The Women's Centre

<https://www.facebook.com/AcadiaWomensCentre>

Women's Centre: SUB 504 A resource to all students for safe-sex supplies, as well as support and guidance from their peers.

**Contact** [womens.centre@acadiau.ca](mailto:womens.centre@acadiau.ca)

## Tutoring Services

<https://www2.acadiau.ca/student-life/academic-support/support-services/tutoring.html>

Tutoring Services connects students with tutors who have a strong background in the areas where they need assistance. Tutors are not available during exams. For details contact Peer tutoring is also available free through the MASH Unit and the Writing Centre

**Contact** [tutoring@acadiau.ca](mailto:tutoring@acadiau.ca).

## Vaughan Memorial Library

<https://library.acadiau.ca/home.html>

The Library is the place for your academic research needs. Each student is assigned a librarian who can help you find, evaluate, organize, and cite information. Access your research guides by subject at <http://libguides.acadiau.ca/> or contact your librarian.

**Contact** [maggiejean.neilson@acadiau.ca](mailto:maggiejean.neilson@acadiau.ca), Tel 902-585-1718, Room 417, 2nd Floor.

## Wong International Centre

<https://www2.acadiau.ca/international.html>

Located at 27 Acadia Street across from BAC, it offers a comprehensive orientation program for international students, information and advice on studying in Canada, assistance with immigration and visa documents, and a Host Family support program. Information, predeparture and re-entry support for students who are participating in the Study Abroad Program at Acadia is also provided by the Wong Centre.

**Contact:** [international@acadiau.ca](mailto:international@acadiau.ca), Tel 902-585-1690

## Writing Centre

<https://writingcentre.acadiau.ca/home.html>

Vaughan Memorial Library

The Writing Centre helps students and faculty become the best writers they can be. Offered during term is a range of free services including one-on-one tutorials, workshops, presentations, thesis consultations and a resource library. You can sign up online today.

- To book a one-on-one appointment with a writing tutor:  
[writingcentre.acadiau.ca/writing-tutorials.html](https://writingcentre.acadiau.ca/writing-tutorials.html)
- To see which helpful presentations and workshops you might want to attend this year go to [writingcentre.acadiau.ca/workshops-and-presentations.html](https://writingcentre.acadiau.ca/workshops-and-presentations.html)

## AWARDS AND SCHOLARSHIPS

### Dean's List Scholar

Dean's List distinction is considered annually at the end of the winter term. To be considered eligible, undergraduate students must achieve a sessional GPA of 3.70 or above and have completed a minimum of 9h in each Fall and Winter term (min. 18h total). Students who participate in co-op, study abroad, or exchange programs and have the equivalent of full-time status will be considered. Students with documented disabilities and respective accommodation for course loads will also be potentially eligible. The Dean's List notation will appear on the student's transcript.

### The Jim MacLeod Award

The Dr. Jim MacLeod Award is presented to a 4th year Sport Injury Assessment & Management Student who best exemplifies energy and enthusiasm for learning, has high academic achievement, demonstrates effective communication skills, and displays a genuine interest in the well-being of those around him/her.

### The Dr. Hugh A. Noble Award

This award began in 1977 from the generosity of a man whose contributions to Physical Education and Recreation shaped the field and study of Physical Education and Recreation. Dr. Noble's integrity, vision, sportsmanship, leadership, and contributions to the community are renowned within the Kinesiology and Recreation Management communities. The Hugh A. Noble Award is presented at the Kinesiology convocation reception to an outstanding member of the kinesiology graduating class who, in the opinion of students and faculty, has best demonstrated academic ability, citizenship, and sporting behaviour throughout their degree program.

### The Alex Wright Memorial Award

This award was started in 1998 in memory of Dr. Alex Wright who was Director of the School of Recreation Management and Kinesiology and a faculty member since the late 1970's. Dr. Wright died in the spring of 1997. In recognition of his love of scholarship, this award recognizes outstanding commitment to scholarship as demonstrated by two graduating students, one from the Community Development Program, and one from the Kinesiology Program. The recipients of the awards are chosen by faculty.

### The University Medal

The University Medal in Kinesiology is awarded to the graduating student who has the highest average in Kinesiology provided that this student has an "A" average.

### The CSEP Award

The Canadian Society for Exercise Physiology Award is presented to a graduating student in recognition of outstanding academic achievement in exercise science studies.

### The CCUPEKA Award

The Canadian Council of University Physical Education and Kinesiology Administrators Leadership Award is presented in recognition of an exceptional graduating student leader who will make a difference in their chosen field.

