

Course Plan: BKIN Honours (Athletic Therapy)
AT Start Year: 2025-2026

Year 1 - Fall	
KINE 1013	Foundations
KINE 1100	First Aid & CPR (Non-credit)
KINE 1213+1210L	Growth & Motor Development ¹
KINE 1413+1410L	Human Anatomy 1
BIOL 1853+1850L	Applied Human Biology 1
COMM 1013	Communication for Kinesiology
Year 1 - Winter	
KINE 1113	Research Methods in Kinesiology
KINE 1243	Historical Aspects of Physical Activity & Sport
KINE 1333+1330L	Care & Prevention of Athletic Injuries
BIOL 1863+1860L	Applied Human Biology 2
MATH 1253+1250L	Statistics 1

Year 2 - Fall	
KINE 2253	Sociological Aspects of Physical Activity & Sport
KINE 2413+2410L	Applied Human Physiology 1
2 Activity Labs ¹	1.5h each - these may also be taken in winter
6h	Electives ³
<i>*Apply for BKIN (Athletic Therapy option)</i>	
Year 2 - Winter	
KINE 2033+2030L	Biomechanics
KINE 2423+2420L	Applied Human Physiology 2
KINE 2433	Psychological Aspects of Physical Activity & Sport
6h	Electives ³
<i>*Students accepted into Athletic Therapy must take KINE 3400 before Year 3:</i>	
KINE 3400	First Responder Course (non-credit) ²

Note 1: Courses in blue may be taken in other years.

Note 2: Athletic Therapy courses are in red.

Year 3 - Fall	
KINE 3013+3010L	Exercise Physiology
KINE 3100	Professional Development (non-credit)
KINE 3213+3210L	Motor Learning ¹
KINE 3413+3410L	A&R Intro and Lower Extremity
KINE 3063+3060L	Athletic Therapy Practicum 1
3h	Elective ³ (KINE 3883 - Directed Readings recommended for Honours. See Note 3.)
Year 3 - Winter	
KINE 3053+3050L	Human Anatomy 2
KINE 3363	Philosophy of Sport ¹
KINE 3423+3420L	A&R Upper Extremity
KINE 3073+3070L	Athletic Therapy Practicum 2
KINE 3163	Applied Research Methods

Note 3: KINE 3883 - Directed Readings - highly recommended for Year 3 fall semester.

* Non-KINE electives, from the Faculty of Arts and Faculty of Pure and Applied Science, are also required. Refer to Degree Checklist.

Year 4 - Fall	
KINE 407T	Honours Thesis 1
KINE 4633	Senior Seminar
KINE 4853	Therapeutic Modalities
KINE 4113+4110L	Athletic Therapy Practicum 3
3h	Elective ³
Year 4 - Winter	
KINE 408T	Honours Thesis 2
KINE 4013+4010L	Training Methods
KINE 4843+4840L	A&R Axial Skeleton and Pelvis
KINE 4123+4120L	Athletic Therapy Practicum 4
3h	Elective ³

Other notes:

- If you have to retake a KINE course, take it in the following year. Courses are only offered once per year.
- KINE 1993 & KINE 2993 are for non-KINE students and cannot be used for credit towards graduation requirements.