

**Bachelor of Kinesiology with Honours Degree Checklist**  
 Graduation requirements as stated in the 2024/25 Academic Calendar  
 Students must complete 120 credit hours (120h) as follows:

| KINE Core - 51h (B- or better)                   |                          |                                                              | Credits | Communication Core - 3h (B- or better) |                                                         |  | Credits |
|--------------------------------------------------|--------------------------|--------------------------------------------------------------|---------|----------------------------------------|---------------------------------------------------------|--|---------|
| F                                                | <input type="checkbox"/> | KINE 1413+1410L Human Anatomy 1                              | 3       | <input type="checkbox"/>               | COMM 1013 Communication for Kinesiology                 |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 1213+1210L Growth & Motor Development                   | 3       | Arts & Science Electives - 27h         |                                                         |  | Credits |
|                                                  | <input type="checkbox"/> | KINE 1013 Foundations                                        | 3       | Statistics - 3h                        |                                                         |  |         |
| W                                                | <input type="checkbox"/> | KINE 1333+1330L Care & Prevention of Athletic Injuries       | 3       | <input type="checkbox"/>               | MATH 1253+1250L Statistics 1                            |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 1243 Historical Aspects of Physical Activity & Sport    | 3       | Human Biology - 6h                     |                                                         |  |         |
|                                                  | <input type="checkbox"/> | KINE 1113 Research Methods in Kinesiology                    | 3       | <input type="checkbox"/>               | BIOL 1853+1850L Applied Human Biology 1                 |  | 3       |
| F                                                | <input type="checkbox"/> | KINE 2413+2410L Applied Human Physiology 1                   | 3       | <input type="checkbox"/>               | BIOL 1863+1860L Applied Human Biology 2                 |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 2253 Sociological Aspects of Physical Activity & Sport  | 3       | Faculty of Arts - 6h                   |                                                         |  |         |
| W                                                | <input type="checkbox"/> | KINE 2433 Psychological Aspects of Physical Activity & Sport | 3       | <input type="checkbox"/>               | Arts <sup>1</sup> Elective _____                        |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 2423+2420L Applied Human Physiology 2                   | 3       | <input type="checkbox"/>               | Arts Elective _____                                     |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 2033+2030L Biomechanics                                 | 3       | Faculty of Arts or Science - 12h       |                                                         |  |         |
| F                                                | <input type="checkbox"/> | KINE 3213+3210L Motor Learning                               | 3       | <input type="checkbox"/>               | Arts or Science <sup>2</sup> Elective _____             |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 3013+3010L Exercise Physiology                          | 3       | <input type="checkbox"/>               | Arts or Science Elective _____                          |  | 3       |
| W                                                | <input type="checkbox"/> | KINE 3363 Philosophical Aspects of Physical Activity & Sport | 3       | <input type="checkbox"/>               | Arts or Science Elective _____                          |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 3053+3050L Human Anatomy 2                              | 3       | <input type="checkbox"/>               | Arts or Science Elective _____                          |  | 3       |
| F                                                | <input type="checkbox"/> | KINE 4633 Senior Seminar                                     | 3       | Honours - 9h                           |                                                         |  | Credits |
|                                                  | <input type="checkbox"/> | Activity Lab _____                                           | 1.5     | <input type="checkbox"/>               | KINE 3163 Applied Research Methods in Kinesiology       |  | 3       |
|                                                  | <input type="checkbox"/> | Activity Lab _____                                           | 1.5     | <input type="checkbox"/>               | KINE 407T Honours Thesis 1                              |  | 3       |
| KINE Electives - 9h (6h at 3000 level or higher) |                          |                                                              | Credits | <input type="checkbox"/>               | KINE 408T Honours Thesis 2                              |  | 3       |
|                                                  | <input type="checkbox"/> | KINE Elective _____                                          | 3       | University Electives - 21h             |                                                         |  | Credits |
|                                                  | <input type="checkbox"/> | KINE Elective (3000+) _____                                  | 3       | <input type="checkbox"/>               | University Elective ____ (KINE 3883 highly recommended) |  | 3       |
|                                                  | <input type="checkbox"/> | KINE Elective (3000+) _____                                  | 3       | <input type="checkbox"/>               | University Elective _____                               |  | 3       |
| Non-Credit requirements - 1100, 3100             |                          |                                                              | Credits | <input type="checkbox"/>               | University Elective _____                               |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 1100 Intermediate First Aid & CPR                       | 0       | <input type="checkbox"/>               | University Elective _____                               |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 3100 Professional Development (A unit - 6 hrs)          | 0       | <input type="checkbox"/>               | University Elective _____                               |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 3100 Professional Development (B unit - 1 hr)           | 0       | <input type="checkbox"/>               | University Elective _____                               |  | 3       |
|                                                  | <input type="checkbox"/> | KINE 3100 Professional Development (B unit - 1 hr)           | 0       | <input type="checkbox"/>               | University Elective _____                               |  | 3       |

\* A GPA of 3.00 is required in the Kinesiology Core.

\*\*A minimum program GPA of 3.00 is required to graduate with Honours.

- Arts subjects: ARAM, ART, BIBL, CHAP, CHUR, CLAS, CREL, DISP, ECON, ENGL, ESST, EVAN, FRAN, GERM, GREE, HEBR, HIST, INCD, IDST, IDTH, LATI, LAWS, LEDR, MIKM, MUSI, NXGN, PACC, PAST, PHIL, POLS, SOCI, SPAN, THEA, THEO, WGST
- Science subjects: APSC, BIOL, CHEM, COMP, ENVS, GEOL, GEOM, MATH, NUTR, PHYS, PSYC