Course Plan: Bachelor of Kinesiology with Honours
Start Year: 2024-2025

Year 1 - Fall		Preqrequisites
KINE 1013	Foundations[1]	
KINE 1100	First Aid & CPR (Non-credit)	
KINE 1213+1210L	Growth & Motor Development[1]	
KINE 1413+1410L	Human Anatomy 1[1]	
BIOL 1853+1850L	Applied Human Biology 1	
COMM 1013	Communication for Kinesiology[1]	
Year 1 - Winter		
KINE 1113	Research Methods in Kinesiology[1]	
KINE 1243	Historical Aspects of Physical Activity & Sport[1]	
KINE 1333+1330L	Care & Prevention of Athletic Injuries[1]	passing grade in KINE 1413
BIOL 1863+1860L	Applied Human Biology 1	passing grade in BIOL 1853
MATH 1253+1250	Statistics 1	

Year 2 - Fall		Preqrequisites
KINE 2253	Sociological Asp. of Health & The Moving Body[1]	second year standing
KINE 2413+2410L	Applied Human Physiology 1[1]	passing grade in KINE 1100, KINE 1413, and BIOL 1863
2 Activity Labs[1]	1.5h each - these may also be taken in winter	
3h	Elective[2]	
3h	Elective[2]	
Year 2 - Winter		
KINE 2033+2030L	Biomechanics[1]	passing grade in KINE 1213 and KINE 1413
KINE 2423+2420L	Applied Human Physiology 2[1]	passing grade in KINE 2413
KINE 2433	Psychological Aspects of Physical Activity & Spor	second year standing
3h	Elective[2]	
3h	Elective[2]	

Year 3 - Fall		Preqrequisites
KINE 3013+3010L	Exercise Physiology[1]	passing grade in KINE 1100 and KINE 2423
KINE 3100	Professional Devp. (non-credit, no registration)	
KINE 3213+3210L	Motor Learning[1]	third year standing
KINE 3883	Directed Readings[3] (Recommended. Counts as University elective. Need supervisor.)	
3h	Elective[2]	
3h	Elective[2]	
Year 3 - Winter		
KINE 3053+3050L	Human Anatomy 2[1]	passing grade in KINE 1413
KINE 3363	Philosophy of Sport[1]	third year standing
KINE 3163	Applied Research Methods[3]	
3h	Elective[2]	
3h	Elective[2]	

Year 4 - Fall		Preqrequisites
KINE 4633	Senior Seminar[1]	All KINE Core 1000, 2000, 3000 courses
KINE 407T	Honours Thesis 1[3]	
3h	Elective[2]	
3h	Elective[2]	
3h	Elective[2]	
Year 4 - Winter		
KINE 408T	Honours Thesis 2[3]	
3h	Elective[2]	
3h	Elective[2]	
3h	Elective[2]	
3h	Elective[2]	

Note 1: Courses in **blue** are part of the KINE Core and require a minimum grade of **B-** to meet **graduation requirements.**

Note 2: KINE, Arts, Arts or Science, and University electives are required. Refer to the Degree Checklist to determine the type of elective to take.

Note 3: Courses in **brown** are part of the Honours program.

Important:
- If you have to retake a KINE course, take it in the following year. Courses are only offered once per year.
- KINE 1993 & KINE 2993 are for non-KINE students and cannot be used for credit towards BKIN or BKIH graduation requirements.