## **Bachelor of Kinesiology Degree Checklist**

Graduation requirements as stated in the 2023/24 Academic Calendar Students must complete 120 credit hours (120h) as follows:

|   | KINE Core - 51h (C- or better)   | Credits   | Communication Core - 3h (C- or better)  | Credits                    |
|---|--|---|---|----------------------------|
| F | ☐ KINE 1413+1410L Human Anatomy 1  | 3   | ☐ COMM 1013 Communication for Kinesiology   | 3                          |
|   | $\square$ KINE 1213+1210L Growth $\&$ Motor Development  | 3   | Arts & Science Electives - 27h  | Credits                    |
|   | ☐ KINE 1013 Foundations  | 3   | Statistics - 3h   |                            |
| W | ☐ KINE 1333+1330L Care & Prevention of Athletic Injuries   | 3   | ☐ MATH 1253+1250L Statistics 1  | 3                          |
|   | $\square$ KINE 1243 Historical Aspects of Physical Activity & Sport  | 3   | Human Biology - 6h  |                            |
|   | ☐ KINE 1113 Research Methods in Kinesiology  | 3   | □ BIOL 1853+1850L Applied Human Biology 1   | 3                          |
| F | ☐ KINE 2413+2410L Applied Human Physiology 1   | 3   | □ BIOL 1863+1860L Applied Human Biology 2   | 3                          |
|   | $\square$ KINE 2253 Sociological Aspects of Physical Activity & Sport  | 3   | Faculty of Arts - 6h  |                            |
| W | ☐ KINE 2433 Psychological Aspects of Physical Activity & Sport   | 3   | ☐ Arts <sup>1</sup> Elective  | 3                          |
|   | ☐ KINE 2423+2420L Applied Human Physiology 2   | 3   | ☐ Arts Elective   | 3                          |
|   | ☐ KINE 2033+2030L Biomechanics   | 3   | Faculty of Arts or Science - 12h  |                            |
| F | ☐ KINE 3213+3210L Motor Learning   | 3   | ☐ Arts or Science <sup>2</sup> Elective   | 3                          |
|   | ☐ KINE 3013+3010L Exercise Physiology  | 3   | ☐ Arts or Science Elective  | 3                          |
| W | ☐ KINE 3363 Philosophical Aspects of Physical Activity & Sport   | 3   | ☐ Arts or Science Elective  | 3                          |
|   | ☐ KINE 3053+3050L Human Anatomy 2  | 3   | ☐ Arts or Science Elective  | 3                          |
|   |  |   |   |                            |
| F | ☐ KINE 4633 Senior Seminar   | 3   | University Electives - 21h  | Credits                    |
| F | ☐ KINE 4633 Senior Seminar ☐ Activity Lab  | 3<br>1.5  | University Electives - 21h  ☐ University Elective   | Credits 3                  |
| F |  |   | ·   |                            |
| F | ☐ Activity Lab   | 1.5<br>1.5  | ☐ University Elective   | 3                          |
| F | ☐ Activity Lab   | 1.5<br>1.5  | ☐ University Elective ☐ University Elective   | 3<br>3                     |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher)   | 1.5<br>1.5<br><b>Credits</b>  | ☐ University Elective ☐ University Elective ☐ University Elective   | 3<br>3<br>3                |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher) ☐ KINE Elective   | 1.5<br>1.5<br>Credits   | ☐ University Elective ☐ University Elective ☐ University Elective ☐ University Elective   | 3<br>3<br>3<br>3           |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher) ☐ KINE Elective ☐ KINE Elective   | 1.5<br>1.5<br>Credits<br>3<br>3                                     | ☐ University Elective   | 3<br>3<br>3<br>3           |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher) ☐ KINE Elective ☐ KINE Elective ☐ KINE Elective ☐ KINE Elective   | 1.5<br>1.5<br>Credits<br>3<br>3<br>3                                | ☐ University Elective                       | 3<br>3<br>3<br>3<br>3      |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher) ☐ KINE Elective   | 1.5<br>1.5<br>Credits<br>3<br>3<br>3                                | ☐ University Elective                       | 3<br>3<br>3<br>3<br>3      |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher) ☐ KINE Elective (3000+) ☐ KINE Elective (3000+)   | 1.5<br>1.5<br>Credits<br>3<br>3<br>3<br>3                           | ☐ University Elective                       | 3<br>3<br>3<br>3<br>3      |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher) ☐ KINE Elective (3000+) ☐ KINE 1100 Intermediate First Aid & CPR  | 1.5<br>1.5<br>Credits<br>3<br>3<br>3<br>3<br>3<br>3                 | ☐ University Elective | 3<br>3<br>3<br>3<br>3<br>3 |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher) ☐ KINE Elective ☐ KINE Elective ☐ KINE Elective ☐ KINE Elective (3000+) ☐ KINE 1100 Intermediate First Aid & CPR ☐ KINE 3100 Professional Development (A unit - 6 hrs)                              | 1.5<br>1.5<br>Credits<br>3<br>3<br>3<br>3<br>3<br>3<br>Credits      | ☐ University Elective                       | 3<br>3<br>3<br>3<br>3<br>3 |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher) ☐ KINE Elective ☐ KINE Elective ☐ KINE Elective ☐ KINE Elective (3000+) ☐ KINE Elective (3000+) ☐ KINE Elective (3000+) ☐ KINE Elective (3000+) ☐ KINE 1100 Intermediate First Aid & CPR ☐ KINE 3100 Professional Development (A unit - 6 hrs) ☐ KINE 3100 Professional Development (B unit - 1 hr) | 1.5<br>1.5<br>Credits<br>3<br>3<br>3<br>3<br>3<br>3<br>Credits      | ☐ University Elective | 3<br>3<br>3<br>3<br>3<br>3 |
| F | ☐ Activity Lab ☐ Activity Lab  KINE Electives - 18h (9h at 3000 level or higher) ☐ KINE Elective ☐ KINE Elective ☐ KINE Elective ☐ KINE Elective (3000+) ☐ KINE 1100 Intermediate First Aid & CPR ☐ KINE 3100 Professional Development (A unit - 6 hrs)                              | 1.5<br>1.5<br>Credits<br>3<br>3<br>3<br>3<br>3<br>3<br>Credits<br>0 | ☐ University Elective | 3<br>3<br>3<br>3<br>3<br>3 |

1. Arts subjects: ARAM, ART, BIBL, CHAP, CHUR, CLAS, CREL, DISP, ECON, ENGL, ESST, EVAN, FRAN, GERM, GREE, HEBR, HIST, INCD, IDST, IDTH, LATI, LAWS, LEDR, MIKM, MUSI, NXGN, PACC, PAST, PHIL, POLS, SOCI, SPAN, THEA, THEO, WGST

2. Science subjects: APSC, BIOL, CHEM, COMP, ENVS, GEOL, GEOM, MATH, NUTR, PHYS, PSYC