Bachelor of Kinesiology with Honours (Psychology Option) Degree Checklist

Graduation requirements as stated in the 2023/24 Academic Calendar Students must complete 120 credit hours (120h) as follows:

	KINE Core - 51h (B- or better)	Credits	Communication Core - 3h (B- or better)	Credits
F	☐ KINE 1413+1410L Human Anatomy 1	3	☐ COMM 1013 Communication for Kinesiology	3
	\square KINE 1213+1210L Growth $\&$ Motor Development	3	Psychology Core - 21h (B- or better)	Credits
	☐ KINE 1013 Foundations	3	☐ PSYC 1013 Introductory Psychology 1	3
W	☐ KINE 1333+1330L Care & Prevention of Athletic Injuries	3	☐ PSYC 1023 Introductory Psychology 2	3
	\square KINE 1243 Historical Aspects of Physical Activity & Sport	3	☐ Psychology Elective	_ 3
	☐ KINE 1113 Research Methods in Kinesiology	3	☐ Psychology Elective	_ 3
F	\square KINE 2413+2410L Applied Human Physiology 1	3	☐ Psychology Elective	_ 3
	\square KINE 2253 Sociological Aspects of Physical Activity & Sport	3	☐ Psychology Elective	_ 3
W	☐ KINE 2433 Psychological Aspects of Physical Activity & Sport	3	☐ Psychology Elective	_ 3
	☐ KINE 2423+2420L Applied Human Physiology 2	3	Arts & Science Electives - 15h	Credits
	☐ KINE 2033+2030L Biomechanics	3	Statistics - 3h	
F	☐ KINE 3213+3210L Motor Learning	3	☐ MATH 1253+1250L Statistics 1	3
	☐ KINE 3013+3010L Exercise Physiology	3	Human Biology - 6h	
W	\square KINE 3363 Philosophical Aspects of Physical Activity & Sport	3	☐ BIOL 1853+1850L Applied Human Biology 1	3
	☐ KINE 3053+3050L Human Anatomy 2	3	□ BIOL 1863+1860L Applied Human Biology 2	3
F	☐ KINE 4633 Senior Seminar	3	Faculty of Arts - 6h	
	☐ Activity Lab	1.5	☐ Arts ¹ Elective	_ 3
	☐ Activity Lab	1.5	☐ Arts Elective	_ 3
	KINE Electives - 9h (6h at 3000 level or higher)	Credits	Honours - 9h	Credits
	☐ KINE Elective	3	☐ KINE 3163 Applied Research Methods in Kinesiology	3
	☐ KINE Elective (3000+)	3	☐ KINE 407T Honours Thesis 1	3
	☐ KINE Elective (3000+)	3	☐ KINE 408T Honours Thesis 2	3
	Non-Credit requirements - 1100, 3100	Credits	University Electives - 12h	Credits
	☐ KINE 1100 Intermediate First Aid & CPR	0	☐ University Elective	_ 3
	\square KINE 3100 Professional Development (A unit - 6 hrs)	0	☐ University Elective	_ 3
	\square KINE 3100 Professional Development (B unit - 1 hr)	0	☐ University Elective	_ 3
	☐ KINE 3100 Professional Development (B unit - 1 hr)	0	☐ University Elective	_ 3

^{*}An overall minimum cumulative GPA of 3.00 is required for admission to this option.

^{**}A minimum program GPA of 3.00 is required to graduate.

^{1.} Arts subjects: ARAM, ART, BIBL, CHAP, CHUR, CLAS, CREL, DISP, ECON, ENGL, ESST, EVAN, FRAN, GERM, GREE, HEBR, HIST, INCD, IDST, IDTH, LATI, LAWS, LEDR, MIKM, MUSI, NXGN, PACC, PAST, PHIL, POLS, SOCI, SPAN, THEA, THEO, WGST

^{2.} Science subjects: APSC, BIOL, CHEM, COMP, ENVS, GEOL, GEOM, MATH, NUTR, PHYS, PSYC