

Course Plan: BKIN Athletic Therapy
AT Start Year: 2023-2024

Year 1 - Fall	
KINE 1013	Foundations
KINE 1100	First Aid & CPR (Non-credit)
KINE 1213+1210L	Growth & Motor Development ¹
KINE 1413+1410L	Human Anatomy 1
BIOL 1853+1850L	Applied Human Biology 1
COMM 1013	Communication for Kinesiology
Year 1 - Winter	
KINE 1113	Research Methods in Kinesiology
KINE 1243	Historical Aspects of Physical Activity & Sport
KINE 1333+1330L	Care & Prevention of Athletic Injuries
BIOL 1863+1860L	Applied Human Biology 2
MATH 1253+1250L	Statistics 1

Year 2 - Fall	
KINE 2253	Sociological Aspects of Physical Activity & Sport
KINE 2413+2410L	Applied Human Physiology 1
2 Activity Labs ¹	1.5h each - these may also be taken in winter
6h	Electives ³
<i>*Apply for BKIN (Athletic Therapy option)</i>	
Year 2 - Winter	
KINE 2033+2030L	Biomechanics
KINE 2423+2420L	Applied Human Physiology 2
KINE 2433	Psychological Aspects of Physical Activity & Sport
6h	Electives ³
<i>*Students accepted into Athletic Therapy must take KINE 3400 before Year 3:</i>	
KINE 3400	First Responder Course (non-credit) ²

Note 1: Courses in blue may be taken in other years.

Note 2: Athletic Therapy courses are in red.

Year 3 - Fall	
KINE 3013+3010L	Exercise Physiology
KINE 3100	Professional Development (non-credit)
KINE 3213+3210L	Motor Learning ¹
KINE 3343+3340L	Fitness Programming ²
KINE 3413+3410L	A&R Intro and Lower Extremity
KINE 160A	Athletic Therapy Practicum 1
1.5h	Electives ³
Year 3 - Winter	
KINE 2003	Adapted Physical Activity
KINE 3053+3050L	Human Anatomy 2
KINE 3363	Philosophical Aspects of Physical Activity & Sport ¹
KINE 3423+3420L	A&R Upper Extremity
KINE 161A	Athletic Therapy Practicum 2
1.5h	Electives ³

Note 3: Refer to Degree Checklist to determine the type of electives to take.

Year 4 - Fall	
KINE 4633	Senior Seminar
KINE 4853	Therapeutic Modalities
KINE 4113	Athletic Therapy Practicum 3
6h	Electives ³
Year 4 - Winter	
KINE 4013+4010L	Training Methods
KINE 4843+4840L	A&R Axial Skeleton and Pelvis
KINE 4123	Athletic Therapy Practicum 4
6h	Electives ³

Other notes:

- If you have to retake a KINE course, take it in the following year. Courses are only offered once per year.
- KINE 1993 & KINE 2993 are for non-KINE students and cannot be used for credit towards graduation requirements.