Bachelor of Kinesiology with Honours Degree Checklist

Graduation requirements as stated in the 2022/23 Academic Calendar Students must complete 120 credit hours (120h) as follows:

| KINE Core - 51h (B- or better) | Credits | Communication Core - 3h (B- or better) | Credits |
|--|---------|---|---------|
| ☐ KINE 1013 Foundations | 3 | ☐ COMM 1013 Communication for Kinesiology | 3 |
| ☐ KINE 1113 Research Methods in Kinesiology | 3 | Arts & Science Electives - 27h | Credits |
| ☐ KINE 1213+1210L Growth & Motor Development | 3 | Statistics - 3h | |
| ☐ KINE 1243 Historical Aspects of Physical Activity & Sport | 3 | ☐ MATH 1253+1250L Statistics 1 | 3 |
| ☐ KINE 1333+1330L Care & Prevention of Athletic Injuries | 3 | Human Biology - 6h | |
| ☐ KINE 1413+1410L Human Anatomy 1 | 3 | ☐ BIOL 1853+1850L Applied Human Biology 1 | 3 |
| ☐ KINE 2033+2030L Biomechanics | 3 | ☐ BIOL 1863+1860L Applied Human Biology 2 | 3 |
| ☐ KINE 2253 Sociological Aspects of Physical Activity & Sport | 3 | Faculty of Arts - 6h | |
| ☐ KINE 2413+2410L Applied Human Physiology 1 | 3 | ☐ Arts ¹ Elective | 3 |
| ☐ KINE 2423+2420L Applied Human Physiology 2 | 3 | ☐ Arts Elective | 3 |
| ☐ KINE 2433 Psychological Aspects of Physical Activity & Sport | 3 | Faculty of Arts or Science - 12h | |
| ☐ KINE 3013+3010L Exercise Physiology | 3 | ☐ Arts or Science ² Elective | 3 |
| ☐ KINE 3053+3050L Human Anatomy 2 | 3 | ☐ Arts or Science Elective | 3 |
| ☐ KINE 3213+3210L Motor Learning | 3 | ☐ Arts or Science Elective | 3 |
| ☐ KINE 3363 Philosophical Aspects of Physical Activity & Sport | 3 | ☐ Arts or Science Elective | 3 |
| ☐ KINE 4633 Senior Seminar | 3 | Honours - 9h | Credits |
| ☐ Activity Lab | 1.5 | ☐ KINE 3163 Applied Research Methods in Kinesiology | 3 |
| ☐ Activity Lab | 1.5 | ☐ KINE 407T Honours Thesis 1 | 3 |
| KINE Electives - 9h (6h at 3000 level or higher) | Credits | \square KINE 408T Honours Thesis 2 | 3 |
| ☐ KINE Elective | 3 | University Electives - 21h | Credits |
| ☐ KINE Elective (3000+) | 3 | ☐ University Elective | 3 |
| ☐ KINE Elective (3000+) | 3 | ☐ University Elective | 3 |
| Non-Credit requirements - 1100, 3100 | Credits | ☐ University Elective | 3 |
| ☐ KINE 1100 Intermediate First Aid & CPR | 0 | ☐ University Elective | 3 |
| \square KINE 3100 Professional Development (A unit - 6 hrs) | 0 | ☐ University Elective | 3 |
| \square KINE 3100 Professional Development (B unit - 1 hr) | 0 | ☐ University Elective | 3 |
| ☐ KINE 3100 Professional Development (B unit - 1 hr) | 0 | ☐ University Elective | 3 |

^{*} A GPA of 3.00 is required in the Kinesiology Core.

Honours program

^{**}A minimum program GPA of 3.00 is required to graduate in the

^{1.} Arts subjects: ARAM, ART, BIBL, CHAP, CHUR, CLAS, CREL, DISP, ECON, ENGL, ESST, EVAN, FRAN, GERM, GREE, HEBR, HIST, INCD, IDST, IDTH, LATI, LAWS, LEDR, MIKM, MUSI, NXGN, PACC, PAST, PHIL, POLS, SOCI, SPAN, THEA, THEO, WGST

^{2.} Science subjects: APSC, BIOL, CHEM, COMP, ENVS, GEOL, GEOM, MATH, NUTR, PHYS, PSYC