

**Bachelor of Kinesiology with Honours Degree Checklist**  
 Graduation requirements as stated in the 2024/25 Academic Calendar  
 Students must complete 120 credit hours (120h) as follows:

<b>KINE Core - 51h (B- or better)</b>		<b>Credits</b>	<b>Communication Core - 3h (B- or better)</b>		<b>Credits</b>
<input type="checkbox"/> KINE 1013 Foundations		3	<input type="checkbox"/> COMM 1013 Communication for Kinesiology		3
<input type="checkbox"/> KINE 1113 Research Methods in Kinesiology		3	<b>Arts &amp; Science Electives - 27h</b>		
<input type="checkbox"/> KINE 1213+1210L Growth & Motor Development		3	Statistics - 3h		
<input type="checkbox"/> KINE 1243 Historical Aspects of Physical Activity & Sport		3	<input type="checkbox"/> MATH 1253+1250L Statistics 1		3
<input type="checkbox"/> KINE 1333+1330L Care & Prevention of Athletic Injuries		3	Human Biology - 6h		
<input type="checkbox"/> KINE 1413+1410L Human Anatomy 1		3	<input type="checkbox"/> BIOL 1853+1850L Applied Human Biology 1		3
<input type="checkbox"/> KINE 2033+2030L Biomechanics		3	<input type="checkbox"/> BIOL 1863+1860L Applied Human Biology 2		3
<input type="checkbox"/> KINE 2253 Sociological Aspects of Physical Activity & Sport		3	Faculty of Arts - 6h		
<input type="checkbox"/> KINE 2413+2410L Applied Human Physiology 1		3	<input type="checkbox"/> Arts Elective _____		3
<input type="checkbox"/> KINE 2423+2420L Applied Human Physiology 2		3	<input type="checkbox"/> Arts Elective _____		3
<input type="checkbox"/> KINE 2433 Psychological Aspects of Physical Activity & Sport		3	Faculty of Arts or Science - 12h		
<input type="checkbox"/> KINE 3013+3010L Exercise Physiology		3	<input type="checkbox"/> Arts or Science Elective _____		3
<input type="checkbox"/> KINE 3053+3050L Human Anatomy 2		3	<input type="checkbox"/> Arts or Science Elective _____		3
<input type="checkbox"/> KINE 3213+3210L Motor Learning		3	<input type="checkbox"/> Arts or Science Elective _____		3
<input type="checkbox"/> KINE 3363 Philosophical Aspects of Physical Activity & Sport		3	<input type="checkbox"/> Arts or Science Elective _____		3
<input type="checkbox"/> KINE 4633 Senior Seminar		3	<b>Honours - 9h</b>		
<input type="checkbox"/> Activity Lab _____		1.5	<input type="checkbox"/> KINE 3163 Applied Research Methods in Kinesiology		3
<input type="checkbox"/> Activity Lab _____		1.5	<input type="checkbox"/> KINE 407T Honours Thesis 1		3
<b>KINE Electives - 9h (6h at 3000 level or higher)</b>		<b>Credits</b>	<input type="checkbox"/> KINE 408T Honours Thesis 2		3
<input type="checkbox"/> KINE Elective _____		3	<b>University Electives - 21h</b>		
<input type="checkbox"/> KINE Elective (3000+) _____		3	<input type="checkbox"/> University Elective _____		3
<input type="checkbox"/> KINE Elective (3000+) _____		3	<input type="checkbox"/> University Elective _____		3
<b>Non-Credit requirements - 1100, 3100</b>		<b>Credits</b>	<input type="checkbox"/> University Elective _____		3
<input type="checkbox"/> KINE 1100 Intermediate First Aid & CPR		0	<input type="checkbox"/> University Elective _____		3
<input type="checkbox"/> KINE 3100 Professional Development (A unit - 6 hrs)		0	<input type="checkbox"/> University Elective _____		3
<input type="checkbox"/> KINE 3100 Professional Development (B unit - 1 hr)		0	<input type="checkbox"/> University Elective _____		3
<input type="checkbox"/> KINE 3100 Professional Development (B unit - 1 hr)		0	<input type="checkbox"/> University Elective _____		3

\* A GPA of 3.00 is required in the Kinesiology Core.

\*\*A minimum program GPA of 3.00 is required to graduate in the Honours program