

Year 1	
Fall KINE 1013 Foundations KINE 1213/1210L Growth & Motor Development KINE 1413/1410L Human Anatomy 1 BIOL 1853/1850L Applied Human Biology 1 COMM 1013 Communication for Kinesiology	WinterKINE 1113 Research Methods in KinesiologyKINE 1243 Historical Aspects of Physical Activity &Sport in CanadaKINE 1333/1330L Care & Prevention of AthleticInjuriesKINE 1100 First Aid & CPR (Non-credit)BIOL 1863/1860L Applied Human Biology 2MATH 1213/1210L Statistics
Year 2	
Fall     KINE 2413/2410L Applied Human Physiology 1     2 Activity Labs (can start taking activity labs)     9h Electives *	WinterKINE 2033/2030L BiomechanicsKINE 2253 Sociological Aspects of Physical Activity & SportKINE 2423/2420L Applied Human Physiology 2 KINE 2433 Psychological Aspects of Physical Activity & Sport 3h Electives *
Year 3	
Fall KINE 3013/3010L Exercise Physiology 12h Electives *	WinterKINE 3053/3050L Human Anatomy 2KINE 3213/3210L Motor LearningKINE 3363 Philosophical Aspects of Physical Activity& SportKINE 3100 Professional Development (Non-credit)6h Electives *
Year 4	
Fall   KINE 4633 Senior Seminar   12h Electives *	Winter 15h Electives *

\*Electives

- 6h from the Faculty of Arts, 6h from the Faculty of Pure and Applied Science, 12h from the Faculty of Arts or Faculty of Pure and Applied Science (24h)

- Kinesiology electives (18h); at least 50% of the KINE electives offered for the degree must be at the 3000 level or higher.

- University electives (21h)

\*\*Curriculum subject to change