

## Bachelor of Kinesiology Degree Checklist (2020+)

1st Year	Complete
KINE 1013 – Foundations	
KINE 1113 – Research Methods in Kinesiology	
KINE 1213/1210 Lab – Growth & Motor Development	
KINE 1243 – Historical Aspects of Physical Activity & Sport In Canada	
KINE 1333 – Care & Prevention of Athletic Injuries	
KINE 1413/1410 Lab – Human Anatomy 1	
BIOL 1853/1850 Lab – Applied Human Biology 1	
BIOL 1863/1860 Lab – Applied Human Biology 2	
COMM 1013 – Communication for Kinesiology	
MATH 1213/1210 Lab – Statistics	
KINE1100 - First Aid & CPR (Non-Credit)	
2nd Year	
KINE 2033/2030 Lab – Biomechanics 1	
KINE 2253 – Sociological Aspects of Physical Activity & Sport	
KINE 2413/2410 Lab – Applied Human Physiology 1	
KINE 2423/2420 Lab – Applied Human Physiology 2	
KINE 2433 – Psychological Aspects of Physical Activity & Sport	
2 Activity Labs	
3 hr Kine Elective	
3 hr Arts or Science Elective	
3 hr Arts or Science Elective	
3 hr University Elective	
3rd Year	
KINE 3013/3010 Lab – Exercise Physiology	
KINE 3053/3050 Lab – Human Anatomy 2	
KINE 3213/3210 Lab – Motor Learning	
KINE 3363 – Philosophical Aspects of Physical Activity & Sport	
3 hr Kine Elective	
3 hr Kine Elective	
3 hr Arts or Science Elective	
3 hr University Elective	
3 hr University Elective	
3 hr University Elective	
KINE 3100 – Professional Development (Non-Credit)	
4th Year	
KINE 4633 – Senior Seminar	
3 hr Kine Elective	
3 hr Kine Elective	
3 hr Kine Elective	
3 hr Arts or Science Elective	
3 hr Arts or Science Elective	
3 hr Arts or Science Elective	
3 hr University Elective	
3 hr University Elective	
3 hr University Elective	
<p><b>All CORE courses you need C- or better. Electives:</b> All students must complete a minimum of 27 hours of Arts or Science elective courses. Of these, a minimum of 6 hours must come from the Faculty of Arts and a minimum of 6 hours must come from the Faculty of Pure and Applied Science (note that MATH 1213, BIOL 1853 and 1863 count toward these Science hours). All students must also complete a minimum of 18 hours of KINE electives and at least 9 hours of these KINE electives must be at the upper level (3000 or 4000 level). Finally, all students must complete 24 hours of University electives. <b>You require a D- or better in Electives.</b></p>	