
BKIN Advising Session




ACADIA
UNIVERSITY

School of Kinesiology, 2023

Session Objectives



1. Know your degree requirements
 2. Track your progress in the degree
 3. Create a plan for registration
- 



Course Loads

A normal course load is:

- 15 credit hours per semester (5 courses x 3 credit hours)
- 30 credit hours per year (10 courses x 3 credit hours)

A Full-time student is a student enrolled in 9 or more credit hours for the semester.

Labs associated with a course have no value and the grade is combined with the course. For example: for KINE 1213 the Growth and Motor Development course, a portion of the grade is allocated for the KINE 1210 lab.

Activity labs are worth 1.5 credit hours.

Course Catalog

- Lists ALL courses that COULD be offered.

- You should only add a SECTION to your registration.
- FA – Fall WI – Winter CI – Continuous Intake
- The offerings are constantly changing, please continue to monitor updates.

The screenshot displays the 'Search for Courses and Course Sections' page on the Acadia University website. A search bar at the top right contains the placeholder text 'Search for courses...'. Below the search bar, a sidebar on the left lists various filters: Availability, Subjects, Locations, and Terms. The 'Subjects' filter is currently selected, showing 'Kinesiology (131)' as the chosen category. The main content area displays the results for 'KINE-1013 Foundations (3 Credits)'. It includes a description of the course, a button to 'Add Course to Plan', and a message indicating the course was attempted or completed. Below this, the 'Requisites' and 'Locations' are listed. At the bottom, there is a button to 'View Available Sections for KINE-1013'. The Acadia University logo is visible in the bottom right corner of the page.

Search for Courses and Course Sections

[Back to Course Catalog](#)

Search for courses...

Filter Results [Hide](#)

Availability [^](#)

☐ Open and Waitlisted Sections
☐ Open Sections Only

Subjects [^](#)

☒ Kinesiology (131)

Locations [^](#)

☐ Wolfville Main Campus (131)
☐ Virtual (5)

Terms [^](#)

☐ 2022 Winter (49)
☐ 2021 Fall (40)
☐ 2021 Continuous Intake (5)

Filters Applied: [Kinesiology](#) x

KINE-1013 Foundations (3 Credits) [Add Course to Plan](#)

This course is designed to provide students with an understanding of the depth and breadth of the field of Kinesiology and its sub-disciplines, and provides foundational knowledge of kinesiology, sport and physical activity. Prerequisite(s): BKIN students only.

[i](#) This course was attempted or already completed.

Requisites:
None

Locations:
Wolfville Main Campus

[View Available Sections for KINE-1013](#)

KINE-1100 First Aid and CPR (0 Credits) [Add Course to Plan](#)

Standard First Aid and CPR level C or an approved equivalent must be completed prior to the second year of study. Students

Curriculum Planner - BKIN

Year 1	Year 2
<p>KINE 1013 Foundations</p> <p>KINE 1100 First Aid & CPR (Non-credit)</p> <p>KINE 1113 Research Methods in Kinesiology</p> <p>KINE 1213/1210L Growth & Motor Development</p> <p>KINE 1243 Historical Aspects of Physical Activity & Sport in Canada</p> <p>KINE 1333/1330L Care & Prevention of Athletic Injuries</p> <p>KINE 1413/1410L Human Anatomy 1</p> <p>BIOL 1853/1850L Applied Human Biology 1</p> <p>BIOL 1863/1860L Applied Human Biology 2</p> <p>COMM 1013 Communication for Kinesiology</p> <p>MATH 1253/1250L Statistics 1</p>	<p>KINE 2033/2030L Biomechanics</p> <p>KINE 2253 Sociological Aspects of Physical Activity & Sport</p> <p>KINE 2413/2410L Applied Human Physiology 1</p> <p>KINE 2423/2420L Applied Human Physiology 2</p> <p>KINE 2433 Psychological Aspects of Physical Activity & Sport</p> <p>2 Activity Labs</p> <p>12h Electives (Arts, Science or Kine)*</p>
Year 3	Year 4
<p>KINE 3013/3010L Exercise Physiology</p> <p>KINE 3053/3050L Human Anatomy 2</p> <p>KINE 3100 Professional Development (Non-credit)</p> <p>KINE 3213/3210L Motor Learning</p> <p>KINE 3363 Philosophical Aspects of Physical Activity & Sport</p> <p>18h Electives (Arts, Science or Kine)*</p>	<p>KINE 4633 Senior Seminar</p> <p>27h Electives (Arts, Science or Kine)*</p>
<p>*Electives— 6h from the Faculty of Arts, 12h from the Faculty of Arts OR the Faculty of Pure and Applied Science, 18h of Kinesiology electives (at-least 50% of the KINE electives offered for the degree must be at the 3000 level or higher), 21h University electives.</p> <p>**Curriculum subject to change</p>	

Degree Checklist - BKIN

Kine Core (C- or better) – 51hrs

- ☐ KINE 1013 Foundations
- ☐ KINE 1113 Research Methods in Kinesiology
- ☐ KINE 1213/1210L Growth & Motor Development
- ☐ KINE 1243 Historical Aspects of Physical Activity & Sport in Canada
- ☐ KINE 1333/1330L Care & Prevention of Athletic Injuries
- ☐ KINE 1413/1410L Human Anatomy 1
- ☐ KINE 2033/2030L Biomechanics
- ☐ KINE 2253 Sociological Aspects of Physical Activity & Sport
- ☐ KINE 2413/2410L Applied Human Physiology 1
- ☐ KINE 2423/2420L Applied Human Physiology 2
- ☐ KINE 2433 Psychological Aspects of Physical Activity & Sport
- ☐ KINE 3013/3010L Exercise Physiology
- ☐ KINE 3053/3050L Human Anatomy 2
- ☐ KINE 3213/3210L Motor Learning
- ☐ KINE 3363 Philosophical Aspects of Physical Activity & Sport
- ☐ KINE 4633 Senior Seminar
- ☐ 2 Activity Labs

Communication Core (C- or better) – 3hrs

- ☐ COMM 1013 Communication for Kinesiology

Non-Credit

- ☐ KINE 1100 First Aid & CPR (Non-credit)
- ☐ KINE 3100 Professional Development (Non-credit)

Kine Electives - 18hrs

- ☐ Kine Elective
- ☐ Kine Elective
- ☐ Kine Elective
- ☐ Kine Elective (3000+)
- ☐ Kine Elective (3000+)
- ☐ Kine Elective (3000+)

Arts & Science Electives – 27hrs

- ☐ MATH 1253/1250L Statistics 1
- ☐ BIOL 1853/1850L Applied Human Biology 1
- ☐ BIOL 1863/1860L Applied Human Biology 2
- ☐ Arts Elective
- ☐ Arts Elective
- ☐ Arts or Science Elective
- ☐ Arts or Science Elective
- ☐ Arts or Science Elective
- ☐ Arts or Science Elective

University Electives – 21hrs

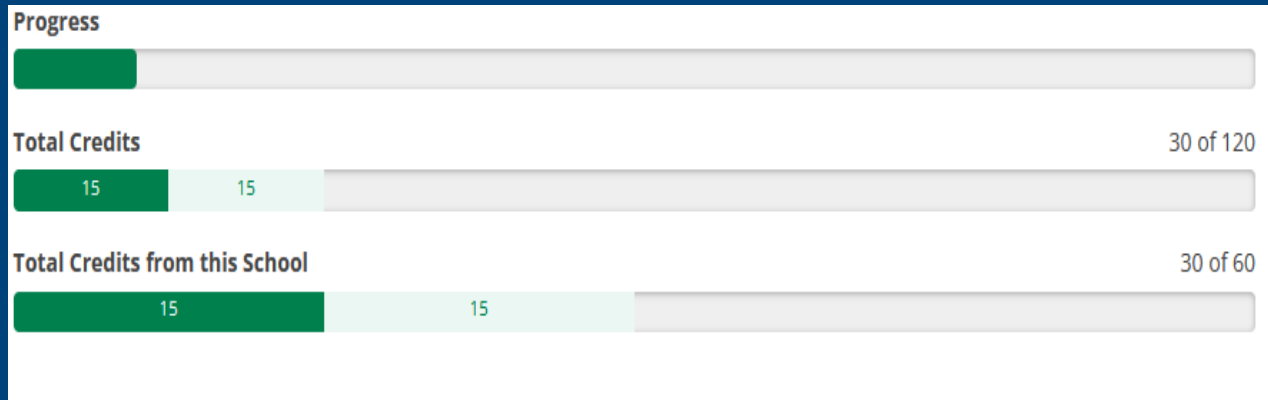
- ☐ University Elective
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- ☐ University Elective

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Degree Progress

Shows your progress in the degree

- Log into myAcadia Self Service
- Academics → Student Planning → My Progress



Kinesiology Core

51 credit hours

- You must pass (D- or better) all the previous level courses to be able to register for higher level courses
- You must achieve a minimum grade of C- or better in all Kinesiology core courses to meet graduation requirements

Kinesiology Core, with minimum C-

Complete all of the following items. ⚠ 1 of 2 Completed. [Hide Details](#)

A. Specified Courses

Complete all of the following items. ⚠ 0 of 1 Completed. [Hide Details](#)

Take courses KINE-1013, KINE-1113, KINE-1213, KINE-1243, KINE-1333, KINE-1413, KINE-2033, KINE-2253, KINE-2413, KINE-2423, KINE-2433, KINE-3013, KINE-3213, KINE-3363, KINE-4633. ⚠ 12 of 15 Courses Completed. [Hide Details](#)

Status	Course	Search	Grade	Term	Credits
✓ Completed	KINE-1413 Applied Human Anatomy		A	2019FW	3
✓ Completed	KINE-1213 Growth & Motor Development		A+	2019FW	3
✓ Completed	KINE-1013 Foundations		A	2019FW	3
✓ Completed	KINE-1333 Care/Prev of Athletic Injuries		A+	2019FW	3

Activity Labs

1.5 credit hours

- You require 3hrs of activity labs for the Kinesiology Core. Additional labs meet the requirements of Kine electives or university electives.

B. 2 Activity Labs

2 Kinesiology activity labs (3h)

Complete all of the following items. ✓ 1 of 1 Completed. [Hide Details](#)

✓ 2 of 2 Courses Completed. [Hide Details](#)

Status	Course	<input type="text" value="Search"/>	Grade	Term	Credits
✓ Completed	KINE-185D S/T: Intro to Sea Kayaking		A	2021FA	1.5
✓ Completed	KINE-184D Intro to Canoe Tripping		A	2021FA	1.5

Kinesiology Electives

18 credit hours (9h must be 3000 level or higher)

A. 18h KINE Electives

18h Kinesiology electives, at least 50% of which must be at the 3xxx/4xxx level.

Complete all of the following items. ⚠️ 0 of 1 Completed. [Hide Details](#)

⚠️ 9 of 18 Credits Completed. [Hide Details](#)


Status	Course	Search	Grade	Term	Credits
✓ Transfer Equivalency	KINE-2493 Health Promotion & Wellness		P	2020TRN	3
✓ Transfer Equivalency	KINE-3683 Applied Sport Psychology		P	2020TRN	3
✓ Transfer Equivalency	KINE-9103 1000 Level Kine Elective		P	2020TRN	3

Non- Credit Requirements

First Aid & CPR and Professional Development

- You must complete **Standard First Aid and CPR Level C with AED** or higher before you can be registered for KINE 2413 Human Physiology 1.
 - **Professional Development** is divided into two units: ‘A’ units and ‘B’ units.
-
- “A” units – one 6hr conference and two-page single spaced reflection
 - “B” units – two 1hr pre-approved seminars and half-page single spaced reflection each
 - Register for KINE 3100 in your **final** semester at Acadia.

B. KINE 1100,3100

Complete all of the following items.  0 of 1 Completed. Fully Planned [Hide Details](#)

Take courses KINE-1100, KINE-3100.  Fully Planned  1 of 2 Courses Completed. [Hide Details](#)

Status	Course	Search	Grade	Term	Credits
 Completed	KINE-1100 First Aid & Cpr		P	2019FW	0
 In-Progress	KINE-3100 Professional Development			2022WI	0

Communication

3 credit hours

- If you are a transfer student, you may have special permission to have ENGL 1213 or 1413 meet this requirement.

C. Communication

Complete all of the following items. ✓ 1 of 1 Completed. [Hide Details](#)

Take course COMM-1013. ✓ 1 of 1 Courses Completed. [Hide Details](#)

Status	Course	Search	Grade	Term	Credits
✓ Completed	COMM-1013 Communication for Kinesiology		A	2019FW	3

Arts & Science Electives

Arts & Science Electives – 27hrs

- ☐ MATH 1253/1250L Statistics 1
- ☐ BIOL 1853/1850L Applied Human Biology 1
- ☐ BIOL 1863/1860L Applied Human Biology 2
- ☐ Arts Elective
- ☐ Arts Elective
- ☐ Arts or Science Elective
- ☐ Arts or Science Elective
- ☐ Arts or Science Elective
- ☐ Arts or Science Elective

Statistics

3 credit hours

- MATH 1213 has been renumbered to MATH 1253, either course will meet the BKIN Statistics requirements

D. Statistics

Complete all of the following items. ✓ 1 of 1 Completed. [Hide Details](#)

Take course MATH-1213. ✓ 1 of 1 Courses Completed. [Hide Details](#)

Status	Course	Search	Grade	Term	Credits
✓ Completed	MATH-1213 Stats: Busi/Behav. Sciences 1		A+	2019FW	3

Human Biology

6 credit hours

- If you are a transfer student, you may have special permission for BIOL 1113 and BIOL 1123 meet the Human Biology Requirements.
- You are not allowed to receive credit for BIOL 2813 & 2823

E. Human Biology

Complete all of the following items. ✓ 1 of 1 Completed. [Hide Details](#)

Take courses BIOL-1853, BIOL-1863. ✓ 2 of 2 Courses Completed. [Hide Details](#)

Status	Course	Search	Grade	Term	Credits
✓ Completed	BIOL-1853 Applied Human Biology 1		A+	2019FW	3
✓ Completed	BIOL-1863 Applied Human Biology 2		A+	2019FW	3

Arts Electives

6 credit hours

F. 6h Faculty of Arts

6h from the Faculty of Arts

Complete all of the following items. ⚠️ 0 of 1 Completed. [Hide Details](#)

⚠️ 3 of 6 Credits Completed. [Hide Details](#)

Status	Course		Grade	Term	Credits
	<input type="text" value="Search"/>				
✓ Completed	FRAN-1113	Basic French 1	A	2020FW	3



Arts Subjects

Faculty of Arts

- ART Art
- CLAS Classics
- CREL Comparative Religion
- ECON Economics
- ENGL English
- ESST Environmental & Sustainability Studies
- FRAN French
- GERM German
- GREE Greek
- HIST History
- LATI Latin
- PHIL Philosophy
- POLS Political Science
- SOCI Sociology
- SOPT Social and Political Thought
- SPAN Spanish
- THEA Theatre Studies
- WGST Women's and Gender Studies

Arts or Science Electives

12 credit hours

G. 12h Arts/Science

Take 12h from the Faculties of Arts and/or Pure and Applied Science.

Complete all of the following items. ✓ 1 of 1 Completed. [Hide Details](#)

✓ 12 of 12 Credits Completed. [Hide Details](#)

Status	Course	<input type="text" value="Search"/>	Grade	Term	Credits
✓ Completed	PSYC-1013 Introductory Psychology 1		A+	2020FW	3
✓ Completed	MATH-1323 Matrix Algebra		A+	2020FW	3
✓ Completed	CHEM-1013 General Chemistry 1		A+	2020FW	3
✓ Completed	CHEM-1023 General Chemistry 2		A+	2020FW	3



Science Subjects

Faculty of Pure & Applied Science

- APSC Applied Science
- BIOL Biology
- CHEM Chemistry
- COMP Computer Science
- ENVS Environmental Science
- GEOL Geology
- MATH Mathematics
- NUTR Nutrition
- PHYS Physics
- PSYC Psychology

University Electives

21 credit hours

Arts, Science, Professional Studies

H. 21h Univ Elec

21h university electives

Complete all of the following items. ⚠ 0 of 1 Completed. [Hide Details](#)

⚠ 0 of 21 Credits Completed. [Hide Details](#)

Status	Course	Search	Grade	Term	Credits
ⓘ Not Started					

Professional Studies Subjects

Faculty of Professional Studies

- BUSI Business Administration
- CODE Community Development
- EDUC Education
- KINE Kinesiology
- MUSI Music

Other Courses

Dropped, Planned, Labs, Unsuccessful, etc.



Other Courses

Status	Course		Grade	Term	Credits
① Dropped	BUSI-1013	Financial Accounting 1	W	2021FA	0
⌚ Planned	KINE-4010L	KINE 4013 Laboratory		2022WI	0
⌚ Planned	KINE-3390L	KINE 3393 Laboratory		2022WI	0

Areas of Interest, Options & Honours



Teaching, Leadership, Coaching



Exercise Science & Training



Psychology



Health Promotion, Wellness & Health Behaviour Change



Athletic Therapy*



Nutrition



Adapted Physical Activity



Biology

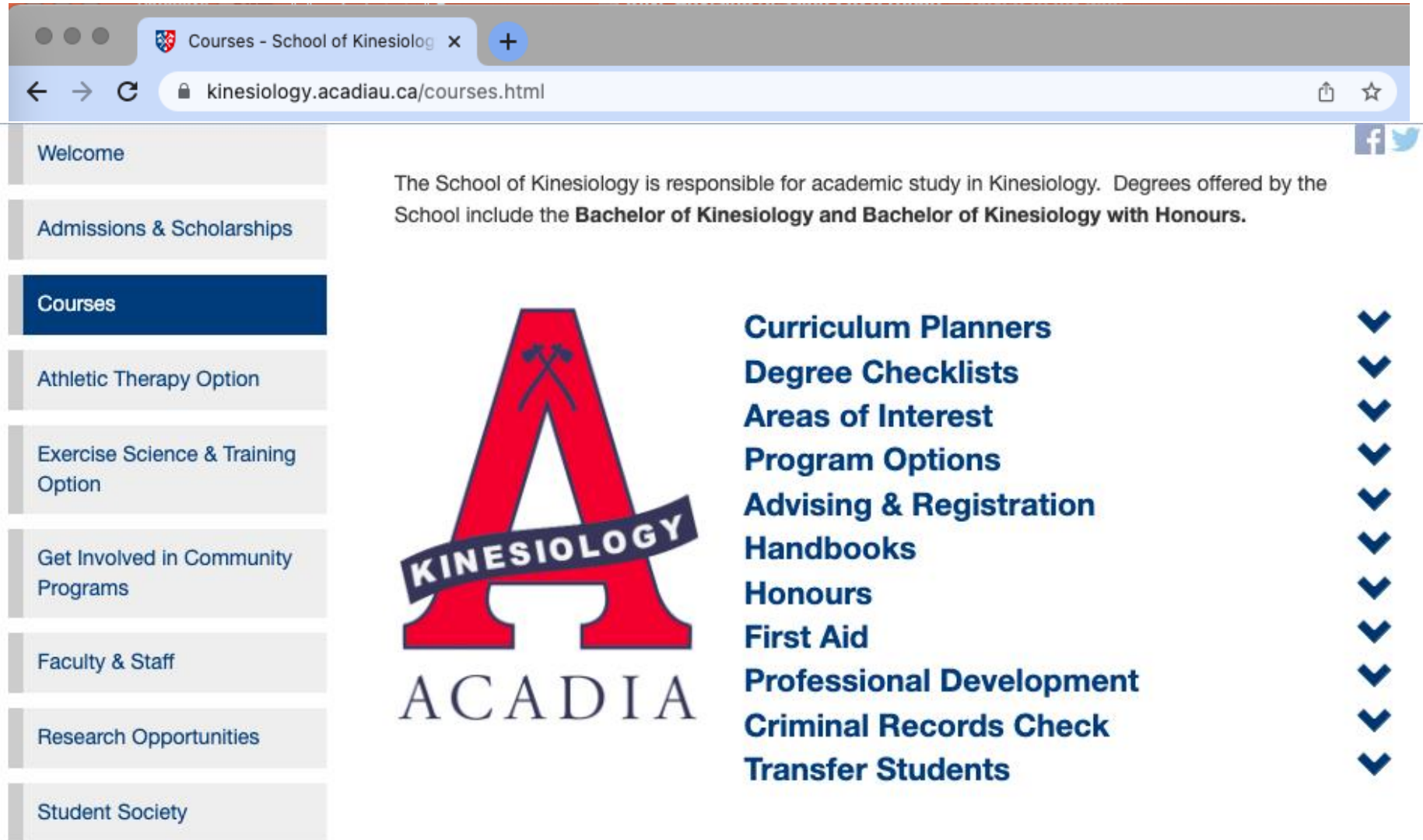


Honours



**Kinesiology
-Acadia**

Areas of Interest, Options & Honours





Open Acadia

Spring, Summer, Continuous Intake (CI)

- Visit the Open Acadia website for more details on specific course offerings.
- If you register for a CI course, you are unable to remove this from your registration. You will have to contact the Registrar's Office for assistance.

Courses at other institutions

Spring, Summer, Online

- If you want to take a course from another institution (other than Open Acadia), you must complete a **Letter of Permission** on the Registrar's Office website IN ADVANCE and send to the kinesiology@acadiau.ca email address.
- This Letter of Permission will be reviewed, and you will receive an email confirmation regarding the approval.

Special Permission

Petitions / Overloads

- If you would like special permission to register for a Kine course or would like to overload, please send this request in an email to kinesiology@acadiau.ca.
- This request will be reviewed and you will receive an email response.
- Do NOT use the Colleague feature for petitions as this feature is not working.

Notifications 0

Course Plan

Timeline

Progress

Course Catalog

Notes

Plan Archive

Test Scores

Transfer Summary

Grades

Petitions & Waivers

Graduation Application

Student Petition(s)
No existing petitions

Faculty Consent(s)
No existing faculty consents

Requisite Waiver(s)
No existing waivers

Add Authorization(s)
No existing add authorizations

Waitlists for other departments

Some departments have waitlists but there is no guarantee that you will be registered for the course you are waitlisted for.

If a seat becomes available, the system automatically contacts you, you need to respond ASAP

You should have a back-up course!

Kinesiology does NOT have waitlists!


Updates



kinesiology@acadiau.ca



Acadia_Kine

A wide-angle landscape photograph taken at sunset. The sun is low on the horizon to the left, casting a warm, golden glow across the sky and the landscape. In the foreground, a person with long hair, wearing a red long-sleeved shirt and blue jeans, is seen from behind, standing on a rocky path and looking out over the valley. The middle ground is filled with rolling hills covered in dense trees with vibrant autumn foliage in shades of yellow, orange, and red. Interspersed among the trees are green fields and some small buildings, possibly a farm. In the far distance, a large body of water, likely a lake or bay, stretches across the horizon under a clear, pale blue sky. A solid blue vertical bar is positioned on the left side of the image, partially overlapping the text box.

What should you do now?

Plan to succeed!

Before registration

- ✓ Review your degree progress
- ✓ Create a registration plan (& a back-up plan)
- ✓ Ensure you do not have a financial hold on your account
- ✓ If need be, make an appointment with your academic advisor (optional)